

أضدى مبارك، وكل عام وأنتم بخير

Multiple crises for Aden school district

By: Amira Al-Arasi

ADEN, Nov. 6 — As a result of fighting between the Al-Qaeda terrorist organization and the Yemeni government, displaced citizens are fleeing the Abyan for the Aden Governorate, in particular to the Al-Sheikh Othman District. The district has already received a large number of displaced families and has opened its schools to house the influx.

Students in the Aden Governorate cannot attend school because of the tenuous security situation there and, with displaced families occupying schoolrooms, they have no place to learn.

The director of Al-Sheikh Othman District's Education Bureau, Ms. Krymh, said that, "There are fifteen schools in the AL-Shekh Othman district, and fourteen of these schools are inhabited by displaced families from Abyan governorate. There are 1,835 families, and the only school left is being used for teaching students."

Obtaining agreements from students' families that they accept the current situation and agree to the idea of paring down normal schedules to three periods is the closest schools have come to finding any kind of solution to the problems facing the current academic year.



Children of displaced families from Abyan in their new temporary home at Saeed Naji School in Almansoura, Aden.

One school in the district will, in the coming days, be ready to open its doors, when the contractor passes over the keys for the school to the local council.

The director of Al-Sheikh Othman's Education Bureau added that employees at the bureau have been attacked by armed youths demanding that they not allow students to study until the end of the current

crisis. Complaints were made to local authorities, but the local council refused to provide the education professionals with security.

Compounding an already difficult situation, classrooms in the district's schools have been used as kitchens by displaced families, rendering them unsuitable learning environments.

A parent of a student said, "My

little sister is studying in an elementary school that has taken in displaced people from Abyan Governorate. I feel that the Ministry of Education must find solutions for the students. They should rent buildings or institutes for the students to study in. I refuse to allow my younger sister to study in a class of eighty students."

Continued on page 6

OUR OPINION

Yemen's poverty line

Over the last ten months a significant percentage of Yemenis who were marginally poor have suddenly dropped below the food poverty line living under two dollars a day. News from the 12 microcredit institutions in Yemen say that their entire client base of more than 12,000 Yemenis have been unable to pay the credit installments.

This is just an example. And there are many others such as stories for those who had to move to cheaper apartments, or families who forced some of their kids to drop out of school because they can't afford it any more.

The poverty percentage which was 40% before the uprising in the beginning of this year has definitely reach 60% at least. Last Eid holidays many poor families survived on charity and transfers coming from Yemenis living in other countries, this Eid was not as joyful because less money came into the country.

Compromise was the most visible characteristic of Yemenis this Eid holiday where families had to resort to less expensive activities and purchase decisions. It has been ongoing for months but because of the festivity of holidays it became most apparent how much we had to let go in order to survive.

A Yemeni teacher who lived on private tutoring has been struggling to make ends meet because parents are today considering private lessons a luxury. "I don't mind the suffering if I knew that at the end of the dark tunnel there is light," he told me. The problem is that no one can guarantee this. Once the revolution is over, no one can really say that things will be better or return to what they used to before it all started in January 2011. We can only hope and pray.

Change in any case is good because the situation before needed to be changed. However, we need to understand the significance of the suffering Yemen has been going through and how it is impacting the people, especially the poorest of the poor.

Nadia Al-Sakkaf

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How to worry less

To calm 6 of the most common fears, use these strategies

By: Andrew McCaul
Real Simple

Worry: Job Security



The reality: In an uncertain economy, employment is far from a sure thing, so it's easy to wonder if your position may be eliminated. You're most vulnerable if: You've been laid off from a job before or someone close to you was fired unexpectedly.

What to do: Grounding yourself in day-to-day reality is a good way to avoid stressing. Try to keep a close eye on how your company is doing financially so you can gauge the likelihood of layoffs, says Barbara Gutek, Ph.D., professor of women and leadership at the Eller College of Management at the University of Arizona in Tucson. Meet with your boss to learn what you can do to solidify your position. Discuss what projects you should be working on and which skills and responsibilities you should be developing. No matter what, it's always smart to look ahead, whether that means thinking of your next move within your company or contemplating a larger career change, says Robert Leahy, Ph.D., author of *The Worry Cure* (Three Rivers, \$15, amazon.com).

It has gone too far when: You are constantly stressing over your job performance, despite multiple reassurances that your work is up to snuff. In this case, overly perfectionistic tendencies could be to blame, and you may want to discuss this issue with a therapist.

Worry: The Safety and Wellbeing of Your Children



The reality: There's plenty to be anxious about. Because you love your children, it's natural that you want to protect them from harm and heartache, and it can be hard to accept that you can't completely control everything. In fact, "some worry or concern is probably a sign of good parenting," says Steven Taylor, Ph.D., a coauthor of *It's Not All in Your Head* (Guilford, \$17, amazon.com).

You're most vulnerable if: Your child had a serious illness or accident, or he has a chronic health condition. Or if you were neglected during your childhood, you could be overcompensating by constantly worrying. What to do: Find a pediatrician you trust and can talk to candidly. "Most pediatricians are used to parents who worry," says Susan Nolen-Hoeksema, Ph.D., the author of *Women Who Think Too Much* (Owl, \$14, amazon.com), "and a big part of their job is to help parents figure out what's worth worrying about and what isn't." If your pediatrician doesn't do this, switch doctors. With worries that aren't related to health—if your child is struggling with math or having a conflict with a friend—ask yourself whether there's an action you can take to deal with the situation. Does your child need a tutor? Could talking to a therapist help him better manage difficult friendships? If a solution presents itself, try it. But in the end, Leahy says, "you may have to learn to accept uncertainty. It helps if you recognize that kids are resilient. They have to learn how to fall down to learn how to get up."

It has gone too far when: Worrying about your children interferes with your own life—if you're losing sleep or if constant micromanaging is hurting your relationship. "If your body feels tight all the time and you can't concentrate on work, tell your doctor that worry is interfering with your ability to get through a normal day," says Nolen-Hoeksema. Ask about the possibility of seeing an anxiety expert.

Worry: The threat of terrorism and natural disasters



The reality: We live in an uncertain world and are exposed to violent images on TV and the Internet. It's enough to make the calmest person paranoid, or at least a bit edgy.

You're most vulnerable if: You've ever been in a situation that threatened your safety—surviving a four-alarm fire, for example—says Jerilyn Ross, director of the Ross Center for Anxiety & Related Disorders, in Washington, D.C. Also, you may not cope well with unpredictability.

What to do: Take a few moments to consider the probability (not the possibility) that a terrorist attack will occur in your town or whatever else you're worried about happening will happen, says Ross. "If you differentiate between facts and fears, you can deal with reality," she says. Even if you live in New York City or Washington, D.C., which bore the brunt of the 9/11 attacks, remind yourself that that is the only time in U.S. history that such a large-scale terrorist attack has occurred. "Our minds have a way of focusing on the horrific risks that are highlighted in the news," says Ross. "However, the chances of being in a car accident are greater than those of being killed by a terrorist." As a way of coping, learn how to be better prepared for a disaster. Write a list of things that would make your home safer and more secure, and come up with a disaster-readiness plan. Check these tasks off the list as you complete them. "Then you can say, 'OK, I've done everything I can. Now I need to go on with my life,'" says Ross. "If you can't move on, seek help."

It has gone too far when: Your worry leads you to make unnecessary and unreasonable adjustments to your life—for example, refusing to fly or take public transportation. These fears may have developed into a mild anxiety disorder, says Ross. Talking to a therapist could bring things back into perspective.

Worry: Your health



The reality: Everyone worries about illness now and then, and as you move into middle age, you're more likely to have unfamiliar aches and pains.

You're most vulnerable if: You've observed important people in your life becoming ill or overreacting to illness. If you have had a troubled health history, you may be more likely to overthink your health.

What to do: Get a thorough checkup to determine if you're in good health, and bring any legitimate symptoms to your doctor's attention. Then focus on the positive things you can do for yourself, like improving your diet and other habits.

It has gone too far when: Your doctor repeatedly assures you that you don't have the illness you fear and you continue to fret anyway, or you suffer from disease-of-the-month syndrome (you're convinced you have whatever disease is in the news). In these cases, your fears may be unhealthy, says Taylor. If reasonable measures don't help and your health worries are taking over your life, seek professional advice. For instance, cognitive-behavioral therapy, which seeks to identify and change distorted patterns of thinking, can help people change their faulty thought processes and their responses to bodily sensations.

Worry: Money



The reality: Even people who earn more than enough to cover their expenses can be hit with unexpected bills, due to anything from a lost job to a major illness.

You're most vulnerable if: Your parents were nervous about money or you grew up in a home where it was a constant struggle to make ends meet. Others believe that having more money will make them feel more secure or garner respect. "Sometimes people look to money to make up for what they're missing in love, power, or self-esteem," says Edward Hallowell, M.D., author of *Worry* (Ballantine, \$17, amazon.com).

What to do: Keep a budget and track what you spend in cash; make a list of how much you owe, and note if you're saving any money. This will give you a sense of whether you need to be concerned. (If you can't gauge this on your own, see a financial planner.) It's also wise to think about what money symbolizes to you, Leahy says. If it represents security, success, pride, or moral worth, for example, finding other (free!) ways to fulfill those desires can take some of the pressure off your financial picture. Also, avoid comparing your finances and happiness with those of people who have more money, Leahy says, because "this can fuel money worries."

It has gone too far when: The smallest expenditure sends you spinning into a budgetary tizzy, or you can't enjoy a few simple indulgences. Leahy suggests talking to a therapist, possibly one who specializes in financial issues.

Worry: The state of your relationship



The reality: Relationships are fraught with challenges, particularly as the years together add up.

You're most vulnerable if: You've ever been betrayed by a lover, you have lingering fears of abandonment, or you grew up in a fractured family. Unresolved issues can end up projected onto a spouse and cause a ripple effect.

What to do: Take stock of your relationship by asking yourself how often you're frustrated or upset with your partner and in what situations this typically happens. "Write down your thoughts," says Nolen-Hoeksema. "Getting your worries on paper helps you evaluate them with a clearer head." Consider how realistic your concerns are and whether you could be projecting unrelated anxieties onto the relationship. Then "find a calm time to talk to your partner, being honest but not confrontational," says Nolen-Hoeksema.

It has gone too far when: You take each squabble as a sign your relationship is faltering, or you've stopped enjoying time you spend with your partner. "There are ambiguities in every relationship," says Nolen-Hoeksema. "If you pester your partner about what he really meant or felt, that can lead to conflict, not clarification." For help in talking things through, consider couples counseling. Or if the problem rests mostly with you, see a therapist on your own.

The benefit of a parent's love

By: Jameel Al-Hadeedi

Expressing love to children is vital to their development; it gives them confidence and creates a warm and stable environment for the pursuit of academic excellence and future success.

According to psychologist Dr. Musa Hassan: "Children always need the warmth and love of their parents," and families should spend quality time together by having lunch outdoors, playing sports or sharing hobbies. Telling stories and fables is another enjoyable way for fathers and mothers to share time and love with their kids.

Hassan also advises that parents put a positive spin on things whenever possible. For example, instead of berating or criticizing a child who gets his school clothes dirty, a parent could say: "It seems you've enjoyed your day!"

Mrs. Yusra and her husband Mua'ath al-Kharaz, who have three girls, share time with their children by studying and playing with them and telling them stories that teach



moral lessons.

Mother of two, Manal Ahmed, likes to play with her children to maintain a presence in all aspects of her children's lives. She sees this as an indication of a mother's love for her children.

Educational specialist, Taisir

Othman, stresses the importance of parents' participation in their children's playing as an expression of love.

Othman also says that appreciating a child's art and displaying it in special locations around the home is another constructive way of ex-

pressing nurturing feelings and can also remind a child that a parent's love is unconditional even when they are being disciplined.

Special service to The Yemen Times from alghadjo

Is depression connected to deprivation?

By: Alaa Ali

Weeping is how a child expresses its needs, whether they feel hungry, tired or even wanting a diaper change. With no other means, the child always uses the same means of expression knowing that its parents will address its needs.

In this way, according to Self Growth website (www.selfgrowth.com), becomes programmed to get what it wants by displaying mis-

ery. The child then continues to do this and uses crying to get what he/she wants. This method is handed down from one generation to the next although it is incorrect because it makes us focus on coveting things that we do not own, which makes the list of such things grow by the day.

But as soon as you



leave the nest and set about your independent life, you realize that showing misery no longer grants your every wish. Your boss will not kowtow to your demands just because you are unhappy with your job, for example. Instead, you will be identified by your coworkers as a depressed and negative person who should be avoided.

Your spouse will also prefer to keep his/her distance when you are miserable, because we would all rather be around positive energy.

If you have children who manipulate you by crying to get what they want, then it is time you started teaching them early that the way for them to get what they want is to be happy and cheerful in ourselves and with those around us. The sooner your child understands this, the more you can be sure that this idea is ingrained in them and stays with them forever.

If we are unable to learn this early

in life, mental health specialists can teach us how to synchronize our conscious mind with our conscious will as a way to shift our perspective from erroneous mental habits.

The key to making the most of our life can be summarized in three words: be, work and attain. This is because the state you are in could define the things you can have and that acquiring things is the result of such state and the deeds you can achieve.

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The deadline for submission is Wednesday 9th November 2011, 2.00 p.m. (Yemen Time). The offers must comprise a technical proposal as well as a financial proposal, in separate sealed envelopes. Offers should be sent to the following address:

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For further details on the RFP and to download the relevant documents, please visit our website at:

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‘All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood’.

The Universal Declaration of Human Rights,
article 1

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The Universal Declaration of Human Rights, article 1

Seven changes that could make you a different person

Success is defined as the continual expansion of happiness and the progressive realization of worthy goals; therefore, Success can be seen as the "ability to fulfill desires with effortless ease."

The Seven Spiritual Laws Of Success are defined by Deepak Chopra as the mechanics with which the unmanifest become manifest.

Follow these Natural Laws and you will have a more fulfilling and happier life.

1. Law of Karma

Every action generates a force of energy that returns to us in like kind..., so what we sow is what we reap. And when we choose actions that bring happiness and success to others, the fruit of our karma is happiness and success.

- Witness Choices in each moment - best to be fully conscious-aware in the moment
- Evaluate Consequences of your choices - will choice bring happiness to those around me
- Listen with your Heart - ask your heart for guidance - be guided - look for feeling of comfort / discomfort

2. Law of Least Effort

Natural intelligence functions with effortless ease...with carefreeness, harmony, and love. And when we harness the forces of harmony, joy,

and love, we create success and good fortune with effortless ease.

- Practice Acceptance - accept people as they are - know that this moment is as it is supposed to be
- Take Responsibility for actions - not blaming others / things
- Have your awareness in Defenselessness - no need to persuade others - don't be attached rigidly to one point of view

3. Law of Giving and Receiving

The Universe operates through dynamic exchange...giving and receiving are different aspects of the flow of energy in the universe. And in our willingness to give that which we seek, we keep the abundance of The Universe circulating in our lives.

- Give something to everyone you meet - eg. not necessarily money, can be gift, compliment, or silent blessing or prayer
- Be open to receive from others - Gratefully receive gifts, nature, sunlight, snow etc.
- Make commitment to circulate - caring, appreciating

and loving

4. Law of Pure Potentiality

The source of all creation is pure consciousness...pure potentiality seeking expression from the unmanifest to the manifest. And when we realize that our true Self is one of pure potentiality, we align with the power that manifests everything in The Universe.

- Practice Silent Meditation - 15 minutes in morning & night, ideally 30 minutes dawn & dusk
- Commune With Nature - appreciate the beauty
- Practice Non-Judgment - say to yourself Today I shall Judge Nothing

5. Law of Intention and Desire

Inherent in every intention and desire is the mechanics for its fulfillment...intention and desire in the field of pure potentiality have infinite organizing power. And when we introduce an intention in the fertile ground of pure potentiality, we put this infinite organizing power to work for us.

- Present Moment Awareness - slip into silence
- List Desires - keep them to yourself
- Release your desires to The Universe - relinquishing attachment and outcome

6. Law of Detachment



In detachment lies the wisdom of uncertainty...in the wisdom of uncertainty lies the freedom from our past, from the known, which is the prison of past conditioning. And in our willingness to step into the unknown, the field of all possibilities, we surrender ourselves to the creative mind that orchestrates the dance of The Universe.

- Commit self to Detached Involvement - no rigid or forced solutions
- Wisdom of Uncertainty leads to freedom
- Open to Infinite Possibilities of choices and outcomes

7. Law of Dharma

Everyone has a purpose in life...a unique or special talent to give to others. And when we blend this unique talent with service to others, we experience the ecstasy and exultation of our own spirit, which is the ultimate goal of all goals.

- Discover the Higher Self - beyond and above ego - spend time in silence
- List Your Unique Talents - that lead to state of bliss
- Serve Others - ask yourself how can I help? Rather than what's in it for me - share more, treat people like your brothers and sisters

Source: www.practical-personal-development-advice.com

When criticism cuts like a knife

By: Marwa Bani Hatheel

In his twenties, Marwan is already fed up with the harsh criticism directed at him by his family and all that he does. "I don't interfere in anybody's personal life, why should they barge into mine?" he wonders bitterly adding, "Negative criticism, from those surrounding me has ruined my life and made me take the opposite direction knowing that whatever I do, they would still judge me".

Marwan now believes that he can't please everyone, asserting that people's disapproval of all that he was doing was 'destructive'.

Iman is also in her twenties and she now believes that everyone

needs time to express their 'mania' and steer clear off idealism that shackle them like handcuffs. So she has decided to live her life the way she wanted. She acted polite, tactful and whimsical all at once. However, her new mood lost her many of her friends who continuously frowned at her attitude "especially that they did not have the ability, nor the wisdom to calculate their criticism," she explains.

"Differences [between people] are good for humanity," says sociologist Dr. Sulaiman al-Sukar. "For had not there been death, we would not have appreciated life, had it not been for evil, we would not have sought goodness, had it not been for darkness, white would not have its glow. This is life." He

emphasizes that praise is not less significant than the necessity for constructive criticism that should be well planned to rehabilitate in a considerate manner to avoid embarrassing people.

Mr. Abu Mohammed in his fifties has a problem he says. "It's criticizing or objecting to others' action spontaneously. I don't mean to embarrass anyone, but I don't compliment anyone either, and what I feel I say right away." He justifies himself by saying that no one would criticize what is correct because it is only the wrongs that catch the eye and reproach is the minimal to be done set them right.

Issa who is in his thirties says that he wants a good reputation for himself and all those associated with him. However, he believes that damaging criticism does with all good deeds the criticized person has done. "Too much criticism," continues Issa, "may make criticized people believe what they hear, and thus they become subject to failure."

Al-Sukar asserts that people do not usually care much about what is being said about them and keep channels open with others for personal interests or to expose the truth. So if you excel, you will guarantee people's admiration and love. But if you are one of those who heed what is said about you, then you will spend your life doing nothing and lose yourself before losing others.

Lina is a woman in her thirties says that her husband is a first-

class destructive critic. "Criticism is something and remarking with the intention of embarrassing others is something else," she says adding that her husband censures her before other people by screaming at her. "This method will never change for the better. It will just affect the criticized person negatively."

"The worst thing about criticism is overdoing it," says Dr. Jamal al-Atoum, a psychologist, "the method used could be more important than criticism itself because politeness makes the other side more flexible as they become more inclining to accept what is said to them."

From the psychological perspective, criticism has its own theories and vast culture. It is like a knife that, if you don't hold properly, it can hurt you, according to al-Atoum who indicates the right way to level criticism and the way to accept and deal with it by the other side. "This includes the tone of the voice, which has considerable effect. So the critic should observe that tone so that it would be reasonably low and smooth instead of harsh and sharp."

"Also," he adds, "both time and place should be carefully chosen; the reproach should not be in the presence of others or in a noisy atmosphere and the psychological state of the target person should be taken into consideration."

As for those who are criticized and those criticizing, he says that all of us could be in either position, "so just as we like to express ourselves through condemnation, we should be prepared to be condemned. If criticism is justified, consider it as a precious gift and work on your shortcomings." He quoted Imam Ali ibn Abi Taleb, the fourth Caliph, as saying, "My favorite brothers are those who present me with my defects."

On the other hand, if criticism

is undeserved, advises al-Atoum, "don't allow it to affect you, because doing this is the best reaction to the critic".

Communication skills specialist, Dr. Hasan Khrisat says that the method used is the basis for change. "The critic should imagine him/herself in the position of the target of criticism and deal with them the way he would like them to treat him/her, because poignant style will only lose the advice its value and bring about contrary results,

let alone the bitter feelings between the two parties."

Khrisat further says that criticism is not limited to words, but it can be made through body language or even the movement of the eyes. "This may be a softer and less mortifying method and it may even be more effective because eyes can be more rhetoric than the tongue sometimes."

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Continued from page 1

Multiple crises for Aden school district

Education professionals are currently seeking temporary solutions for these problems. While they realize that such solutions may not be perfect, there is an understanding that it would be preferable for the students to study under bad conditions than to not study at all.

Jameel Al-Sherjabi, headmaster of Qataban school in Al-Mala'a district, stated that, "Due to the displacement of people from Abyan Governorate to the Qataban school, we were compelled to move to Rydan school, which is about five kilometers away."

While students in the district lack adequate facilities, the displaced families themselves are struggling with the conditions of their makeshift homes. Nadhmi Madkok, a displaced citizen from Ja'ar Governorate, said, "I have eleven brothers and sisters, and each one of them has a family. My own family consists of three people. Charitable people give us food, but we sometimes have to cook our food outside in the sun.

The bathrooms are in bad shape, and, for a total of seventy-four families, there are only two bathrooms for women and children and six others for men."

Qadry Ahmed, another displaced citizen from Ja'ar, said, "I ran away from Ja'ar district with my family of sixteen. We only carried clothes with which to cover our bodies and today we live in Al-Obady school in AL-Sheikh Othman district. It is a bad situation, and we lack the most basic things. We are sleeping in a class with three other families. We left our houses on June 6 and have no knowledge concerning their state. My salary doesn't even cover basic needs due to the high prices in Aden. I call on all charitable men and organizations to support us, as our situation is so bad."

Education professionals in the district have expressed hope that collaborative work with UNICEF will ameliorate present difficulties faced both by students and displaced families in the governorate.

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Coffee Break

Crossword

Sudoku

Chess

Solutions

Cross Words: Across: 3 Crotchety; 8 Near; 9 Sincerely; 10 Round; 11 Stoop; 14 Hyena; 15 Down: 1 Anarchist; 2 Parthenon; 4 Raid; 5 Tact; 6 Harrow; 7 Tilt; 9 Sneak; 11 Seedy; 12 Prophetic; 13 Stalenate; 17 Spate; 19 Parrot; 22 Trust; 23 Hour; 24 Step.

Chess: White plays and wins in the 4th move

Sudoku: Chess: Nfth5+

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Face reading

By: Dadhichi

Face reading gives you insights into your own and others' character through an understanding of what their facial features reveal. This segment on face reading explains how to make the best impression on those around you and also how to understand the true character of others.

Characteristics like honesty, intelligence and reliability are major attributes that we all seek in our-

FEATURE	EFFECT
EARS	LIFE POSSIBILITIES
EYEBROWS	FAME
EYES	INTELLIGENCE, INNER POWER
NOSE	WEALTH, MIDLIFE ACCOMPLISHMENTS
MOUTH	CHARACTER, DISPOSITION

selves and others. Face reading will immediately offer you valuable information about human beings. You can begin practicing face reading by observing friends, family members and work colleagues.

For example- cheeks - when too pronounced and lacking in flesh indicate autocratic and power hungry

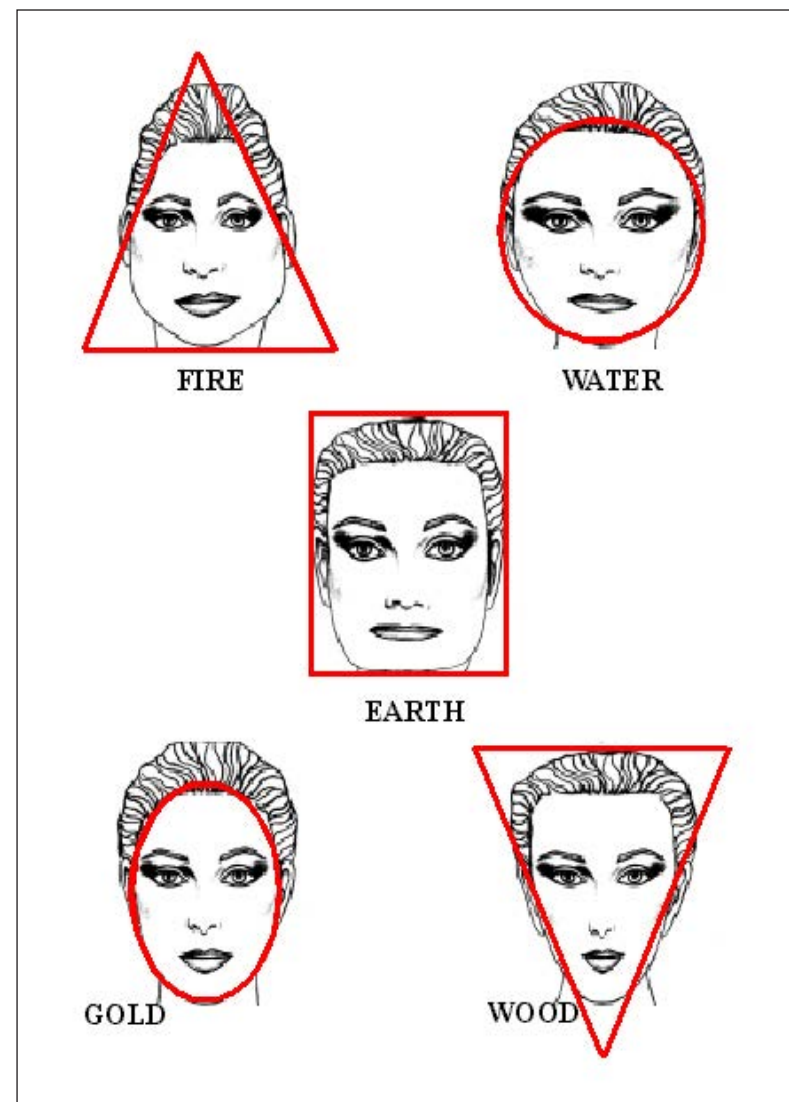
individual. This is especially so if 'cats eyes' are also present. Though people generally do not know it, there is a 'sense' of power, control and domination when we meet someone with these features. An individual with such pronounced cheekbones would need to control his or her environment - including

a deal that's going down!

Face reading is very practical and useful in sales and business applications. This is primarily what we will consider in today's presentation.

Five most important features

The five most important features of your face are ears, eyebrows, eyes, nose, and mouth. They tell about the person's possibilities to proceed in life. The following table explains the meanings of these features in face reading.



Faces of celebrities

Barack Obama



By: Erik Kanto

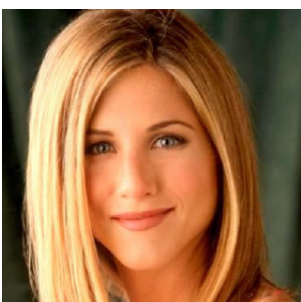
The main element on Senator Obama's face is Gold. According to the Chinese studies, the genuine gold personality is easy to spot in a crowd with the person's radiant eyes, perfect face shape, beautiful smile and the posture of royalty. It seems that anything a Gold person does will be a huge success. Very often they have a high social standing and enjoy the limelight. Unfortunately they often lack inner strength.

Everything in Barack Obama's face is in balance. His forehead is very smooth, hardly any lines, telling that all the way back to his youth, he's had good intellectual ability and excellent values.

The nose is straight, evenly built from top to bottom. It suggests an excellent career, happy family life, and very good health in the middle years and even longer. People with this kind of nose are trustful and extremely understanding. Everything has to be logical and sensible.

The mouth represents the personality. Mr. Obama's mouth discloses that he is outgoing, strong and has a high status in life. And he will get lots of money!

Jennifer Aniston



By: Dadhichi

What immediately strikes you about Jennifer Aniston's face is the very powerful jaw line and almost abnormally long chin. Basically Jennifer has to have her own way and can often be relentless in extracting the information out of a situation when she chooses so. This may rub people up the wrong way but unless someone like her ex-partner Brad Pitt can handle her by diffusing her somewhat unreasonable demands, she may feel continually isolated in those relationships.

Jennifer does exhibit a needy quality although outwardly appearing very confident in the line of work she has chosen. Jennifer will certainly please her man in a rela-

tionship, but demands her pound of flesh in return.

Hugh Grant



By: Dadhichi

Hugh not only tells a great story on screen but is a wonderfully captivating personality in real life as well. At times he can exaggerate and overstep his own capabilities too - but this, in essence is the key to success over the past few years.

During the coming year Hugh will opt for a change of lifestyle or residence as a means of re-invigorating his creative self. Presently, he may be burned out from several years of intense timetables. This may focus on his early family life, triggering re-unions with relatives and even long forgotten school friends.

Hugh's brooding and petulant face is offset by his boyish charm which endears onlookers. His passionate lips, asymmetrical eyes and lowest eyebrows caution Hugh to exercise more discrimination in his choice of friends and business partners.

Oprah Winfrey



By: Dadhichi

The compassionate and soulful nature of Oprah is well renowned and perfectly captured in her facial features. Her emotional and sensitive round shaped face says it all.

Oprah's been most inventive and clever in her judicial combination of business and humanitarianism. She truly epitomizes what the a human being is capable of doing - with a great vision and hard work. Her generous lips and large mouth bracket show her strong desire to materialize these larger than life dreams for the world.

Oprah has had to combat some of her own emotional demons, but due to her thoroughly practical nature has and will continue to be successful at that. Her opportunistic eyes have been used for noble causes rather than simply feathering her own nest. The following ten years until 2016 are even more astound-

ing for her. Oprah will no doubt make even greater contributions to the world through her current charitable impulses.

Justin Bieber



By: Dadhichi

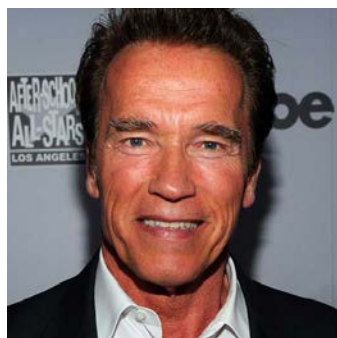
Justin's face exhibits all the classic signs of symmetry, balance and magnetic appeal which are the hallmarks of many famous people. Symmetry, according to many scientists is what constitutes beauty in the traditional sense as adequately displayed in his face. No wonder he has gained such worldwide popularity.

Take a look at Justin's eyes. They are brown and magnetic and like many brown eyed people, exude strong sexuality. But his eyes are also somewhat deep-set and this indicates that the creative and also rather philosophical attitude he exhibits will later on in his life shifts considerably to a money last of his great contributions to modern pop culture yet.

Justin's previously unique hairstyle tells us that he is very conscious of what people think of him and he is therefore constantly adjusting his attitudes and mannerisms to make himself even more popular.

His lips - upper and lower are of equal size indicating that he is as much a giver as he is a taker. In relationships he is affectionate, demonstrative and caring about the other person's needs.

Arnold Schwarzenegger



By: M. Farouk Radwan

Arnold has got lots of positive personality traits that allow him to perfectly fit in different kinds of jobs. I am not just saying so to prove that face reading is correct, but you will come to the same conclusion yourself when you read the analysis of his facial features.

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