

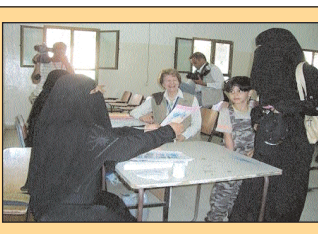
Hertz
Take A Break From Your Work Load and Take Hertz Along with you.....
Universal Rent a Car
Sana'a Tel: (01) 440309, Aden (02) 245625
Sheraton Branch (01) 545985

YEMEN TIMES

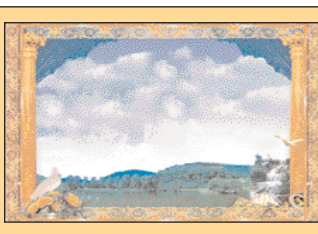
DHL EXPRESS
we move the world
Sana'a: Hadda St. (01) 441099/87/6, Zubairy St. 249878
Aden: (02) 245627/8, Taiz (04) 252455
Hodeidah: (03) 286689, Mukalla: (05) 354844
Seiyun: (05) 404288, Ibb: (04) 407418

Monday, 9 October 2006 • Issue No. 988 • Price 30 Yemeni Riyals • Founded in 1991 by Prof. Abdulaziz Al-Saqqaf www.yementimes.com

Inside:



5
2006 Yemeni election observers



10
Ramadan Page: Worshipping Allah alone



12
Pesticide handling in Yemen is uncontrolled

Readers' Voice
Last edition's question:
President Saleh promised to build nuclear reactors to produce energy in cooperation with the U.S. and Canada. Do you think this is possible?

Yes, in the distant future (35%)
Yes, in the next 7 years (12%)
No (53%)

This edition's question:
Yemen is reported to force African illegal immigrants back to their country. Do you think this is against human rights and the Geneva treaty?

- Yes, they have the right to seek a better life
- No, Yemen's economy cannot accommodate more poor people
- I don't know.

Go to our website at: yementimes.com/#poll and have your voice heard

Chairman of Yemeni Expats Union in U.S. accused of undercover work

By: Mohammed bin Sallam
SANA'A, Oct. 7 — The United States Federal Bureau of Investigation (FBI) office in Bakersfield, Calif., last week accused Ameen Al-Rawhani, head of the Yemeni Expatriates Union, of working undercover after it arrested him last month with other two Yemeni expatriates.
Quoting the Yemeni Consul in California, Mansour Al-Muliki, the Middle East newspaper indicated that Al-Rawhani has dual nationality, that he remains under arrest until \$1.5 million bail is paid to release him and that his friends are attempting to gather the required sum.
Two of Al-Rawhani's relatives confirmed that the FBI arrested him after

finding a telephone address book with Mohammed Al-Moayyad's phone number. According to the newspaper, Al-Moayyad is a Yemeni religious scholar convicted of terrorism and sentenced to 70 years' imprisonment.
Al-Rawhani's nephew Nashwan noted that FBI confiscated phone books, including one containing an old number for Al-Moayyad, letters and travel documents belonging to him and his uncle. However, Nashwan says his uncle had no connection with Al-Moayyad.
In his view, Hizfallah Al-Rawhani declares that what the FBI considers spy documents are merely poems, personal letters and procedural files sent to the Yemeni Embassy in Washington, D.C.
Yemeni Embassy media official

Mohammed Al-Basha refused to comment on the incident and the same for Al-Rawhani's lawyer.
The FBI office previously announced that it officially had accused three Yemeni Americans of spying for unidentified parties in Yemen. Two were arrested while the third escaped to Yemen.
The three are convicted of possessing secret documents, stolen military equipment and bulletproof vests, intending to send them to Yemen prior to their arrest.
Al-Rawhani's relatives maintain that he bought two bulletproof vests as personal gifts from public stores. Al-Muliki admitted that the items mentioned in the indictment were sent to specific individuals but not to the Yemeni government.
Continued on page 2

Saleh opens new page with opposition

During a Ramadan iftar meal at the presidential palace last Friday, President Ali Abdullah Saleh announced new legal amendments, opening a new page with opposition and the Joint Meeting Parties (JMP) and rotating public posts.
By: Mohammed Al-Jabri
SANA'A, Oct. 7 — "Tonight, I'm announcing a great surprise for our citizens in implementing the president's electoral platform and that is to elect governors, district heads and local council secretaries-general via local authority members who are elected by the people," Saleh said.
He added that financial and administrative decentralization will replace the current centralization system, wherein the local authority is authorized with all powers and authority.
Continued on page 2



Saleh announces governors, district heads and local council secretaries-general via local authority members.
YT PHOTO BY GLEN GOFFIN

Terrorism plot foiled

By: Raidan Al-Saqqaf
SANA'A, Oct. 7 — Intelligence sources have told armed forces newspaper, 26 September, that a suicide bombing plot was arranged to bomb a businessmen's club in the diplomatic area near political security, an Italian restaurant near the World Bank office in Hadda and a health club near the residence of Canadian Nexen employees.



Arm pieces and explosives, which were seized in the suspects' hide-out.

Intelligence officers rented a house near the terrorist group's Al-Rawdah area headquarters and monitored their movements, as well as used advanced technology to discover their plans. The plotters had several masks and costumes, as well as fake personal IDs and a license plate of a pickup, which would've been used to carry out the attacks.
More importantly, security officers found 12 50-kilogram packages of explosives, as well as power circuits and equipment to be used in the attack, according to plans found with the plotters. Intelligence forces also learned of other premises terrorist groups use in the Sheraton and Sho'oub areas to plan terrorism plots.
Upon arrest, one group member had a will in his custody, wherein he called on his mother to forgive him and pray for mercy on his soul. He also asked her to buy 50 copies of a tape by Mamdouh Al-Harbi, available from Al-Safa records, and distribute them to the community.

Price violations rise to 1,400 during Ramadan

By: Saddam Al-Ashmouri
SANA'A, Oct. 8 — Official Ministry of Trade and Industry sources revealed that more than 1,400 price violations have been discovered in local markets nationwide since Ramadan began. Abdulmalik Shaiban, Deputy Minister of Trade and Industry, clarified that the



YACP: Some foodstuff prices have raised by 15 percent.
PHOTO BY KHALIL AL-KHAUBARI

reported violations are unjustified price increases by some traders, particularly foodstuff prices, in addition to other violations such as bakers reducing bread weights as well as increased prices for construction materials and cement.
"The Ministry of Trade and Industry is preparing legal action against violating traders and bakers," Shaiban confirmed, "Through its nationwide branches, the ministry is continuing the process of monitoring and inspecting markets and trade stores."
He noted that the ministry began its monitoring campaign before Ramadan and transferred 350

violating traders to Prosecution on Sept. 15 for raising foodstuff prices for dairy, wheat, ghee, chicken and eggs.
Yemeni Association for Consumers Protection (YACP) affirmed there are violations in the prices and specifications of some foodstuffs. In its statement, YACP said the foodstuff prices for wheat, flour, rice, oil, and sugar have raised by 15 percent. Sent to PM Abdul-Qader Bajammal, the statement states the weights of rice and sugar sacks are reduced by 20 percent. The YACP pointed out that the general prosecution has not responded to the reports on monitoring prices in the market.

HASHCO INTERNATIONAL DUBAI
Shipping, Freight Forwarding, Warehousing And International Land Transportation
For booking of cargo by Land Transportation & Sea Freight Ex-Dubai to Yemen and Yemen to Dubai kindly contact:
Sanaa Office: Hashco International - Sanaa, Mr. Kumar, Marketing Manager, Office Tel: 00967-1-418370, Mobile: 00967-711202541, Fax: 00967-1-410576, Email: hashco@digy.net.ye
Dubai Office: Hashco International - Dubai, Mr. Naushad, General Manager, Office Tel: 00971-4-333114, Fax: 00971-4-3337446, Mobile: 00971-50-2898689, Email: hashco@emirates.net.ae, Website: hashco Logistics.com

Want service and value?
Budget
Car Rental
National and International Reservations
Now Open
Reservation Tel. 309618 - 506372, Reservation Fax. 240958, Hadda, Reservation Tel. 411727
24 hours (Hot Line) 733652317

GLEMGAS
جليمس غاز
طباخات جليمس غاز
الاحتراق العالي
أحدث و آمنة الأنظمة
الصيانة و الأمان
مطابخ المطبخ المتطورة
مطابخ المطبخ المتطورة
مطابخ المطبخ المتطورة

ALSAEED TRADING CO. LTD.
Yemen's Major Exporter of FMCG products.
Yemen, Taiz - P.O. Box 5351
Tel: +967 (4) 232727 (10 Lines)
Fax: +967 (4) 223851 / 231642 / 219112
Email: alsaeed@alsaeed.com.ye
Website: www.alsaeedtrading.com

الوطنية للتأمين
AL-WATANIA INSURANCE
www.alwataniainsurance.com
Sana'a, Tel. (01)272713, 272874, Fax. (01)272924, G.M. (01)276745,
Hodeidah: (03)21994144, Fax.(03)219945

Now Alon In Yemen
the grandest Bookshop containing all your needs under one roof
Visit The New Branch For Aljeel Aljadeed You Will Find All Modern Products
أكثر صرح ثقافي وتعليمي خاص في اليمن يضم أكثر من 10.000 عنوان كتاب والألاف من أصناف القرطاسية والأدوات المدرسية والهندسية والمكتبية والتحف والهدايا تمت سقن زاجر
روزه الفرع الجديد للجبل الجديد نجدوا كل جديد
West - circular St. after kentaki Circuit The united Nations St. cross Nowakshi St. In front of Al-motaher Building
Tel: 473940-1 Fax: 473942
الحظ الدائري الغربي - بعد جولة كنتكي شارع الأمم المتحدة تقاطع شارع نواكشي شارع امام عمارة المطهر
تلفون: 473940-1 فاكس: 473942
www.aljeel-aljadeed.com

الزامل للحديد
ZAMIL STEEL
STEEL BUILDING SOLUTIONS IN OVER 80 COUNTRIES
Sana'a, Tel. (967 1) 448397 Fax: (967 1) 448072 E mail: zayomon@y.net.ye www.zamilsteel.com

OMEGA Constellation
أوميغا كونستليشن كوادريلا
أناقه..
تألق..
طابع مميز..
SWISS WATCHES UNION AGENCY
ABDUL HAKIM AL-MAMARI
SANA'A : ALQSR ST. : 01 272827 STC : 01 448495
ADEN : ADEN MALL 02 263388 CREATER ADEN 02 256688
TAIZ : ALMAMARI COMPLEX MARKET 04 252323

Yemen Commercial Bank **YCB** البنك التجاري اليمني
Wherever you are, in Yemen or abroad
Whenever you need, 24/7/365
خدمة الإنترنت المصرفي
Internet Banking
Free For Individuals and Companies
www.ycb.com.ye
Head Office: Sana'a, AlZubairy St., AL-Rowaishan Building
Tel: 00967-1-277224-Fax: 00967-1-277291-P.O.Box: 19845, -Swift: YECOYESA

Pakistanis mourn on quake anniversary

By: Kamran Haider

MUZAFFARABAD, Pakistan (Reuters) — Pakistan united in mourning on Sunday in memory of about 73,000 people killed in an earthquake exactly a year ago, while survivors vented frustration over the pace of reconstruction.

A week into Ramadan, the Muslim fasting month, Pakistan's mosques have been even more crowded than usual. On Sunday, worshippers prayed in unison for the dead and survivors alike to mark the first anniversary of the nation's worst disaster.

"This day has revived my sorrows because I have lost many loved ones," said Abdul Rahim in Muzaffarabad, one of the worst affected areas. May God give courage to our new generation to rebuild this city," said Rahim, 65, as he waited for a commemoration ceremony to begin at a stadium near the Pakistan Kashmiri capital's ruined university.

Sirens sounded across the nation to start a minute's silence.

The quake struck at 8.52 a.m. on a Saturday morning, at a time when schools and government offices were full.

With an intensity measured at 7.6, it lasted less than two minutes, yet destroyed the homes of more than 3 million people in North West Frontier Province and Pakistani Kashmir.

Small prayer meetings were held in Balakot, a town in the Frontier province that suffered the most intensive devastation.

The largest group of mourners were in the grounds of a ruined school where 63 children were buried in a common grave. More than 200 were killed there when the walls and ceilings caved in.

"Today's no different from the other



A woman prays for the victims of the October 8, 2005 earthquake in Margala Towers, a residential complex which collapsed in the quake killing several people, during a memorial ceremony in Islamabad October 8, 2006.

days, because I haven't been able to forget those terrible scenes for the past year," said Taimur Khan, 22, who had returned to Balakot to pray at the graves of his parents and sister.

Dispute with India

A further 1,500 people were killed across the ceasefire line of the divided region, in Indian Kashmir.

Shared grief has failed to push Pakistan and India toward a solution to their longstanding territorial dispute over Kashmir, the cause of two wars since they won independence from British colonial rule in 1947.

Addressing the commemoration in Muzaffarabad, President Pervez Musharraf promised he would continue to strive for a settlement.

He also gave assurances that the bulk of rebuilding would be completed within two or three years, and that allegations of corruption would be dealt with firmly.

"With the Grace of God, things are heading toward much improvement," said Musharraf in a speech after laying a wreath at a memorial, following the one minute's silence and prayers.

With a second winter just a couple of months away, and many victims still

living in tents or makeshift shelters, critics accused the government authority overseeing rebuilding of dragging its feet in dispensing funds and setting appropriate guidelines for earthquake-proof construction of new homes

In Balakot, leading politicians heard angry complaints and a few hundred people marched in protest. On Saturday, hundreds more had demonstrated outside parliament in Islamabad.

Officials have been accused of corruption, although foreign observers believe any graft is occurring at very local levels rather than at the center.

Russia hunts journalist's killer

Russian prosecutors investigating the murder of a prominent journalist say they believe her death could be linked to her investigative reporting.

Anna Politkovskaya was found shot dead on Saturday in a lift at her apartment block in the Russian capital, Moscow.

Grainy CCTV footage from the building shows a man in a baseball cap following her inside just before the shooting.

The 48-year-old mother of two was known as a fierce critic of the Kremlin's actions in Chechnya.

Deputy Prosecutor Vyacheslav Rosinsky said that one theory was that the killing had been "linked to the victim's social or professional duties".

Her own newspaper, Novaya Gazeta, suggests on its front page that she was killed for her reporting on Chechnya.

Police sources quoted by Russian media say Ms Politkovskaya was shot three times in the body and once in the head.

A Makarov pistol and four cartridges were reportedly found near her body.

Life of risk

Ms Politkovskaya often wrote about human rights abuses in Chechnya and her last published article in Novaya Gazeta attacked pro-Moscow militia there.

A new article about torture was in the pipeline, according to deputy editor Vitaly Yaroshevsky.

"We were expecting material for

Monday's issue," he said on Russian TV.

"She said she would do it and was meant to write this, and perhaps already had. It was about torture in Chechnya."

Ms Politkovskaya had received death threats in the past and suspicions were immediately raised that her death was a contract killing.

Ms Politkovskaya became ill with food-poisoning on her way to report on the Beslan school siege in 2004, which some believed to be an attempt on her life.

In 2001, she fled to Vienna, Austria, after receiving e-mail threats claiming a Russian police officer she had accused of committing atrocities

against civilians wanted to take his revenge.

'Brave defender'

Tributes have been pouring in for the campaigning journalist.

Former Soviet President Mikhail Gorbachev described her killing as a savage crime, and a blow to the independent democratic press in Russia.

The US state department said America was "shocked and profoundly saddened by the brutal murder of independent Russian journalist Anna Politkovskaya".

The director of the Moscow-based Centre for Journalism in Extreme Situations, Oleg Panfilov, said: "Whenever the question arose whether

there is honest journalism in Russia, almost every time the first name that came to mind was Politkovskaya.

"Russia has lost a brave and dedicated human rights defender," said Nicola Duckworth from the rights group Amnesty International which called for a thorough investigation.

Sense of duty

Russian political analyst Anna Zelkina was doubtful there would be results.

"There is this series of politically motivated murders like hers," she told the BBC.

"I'm afraid that there will be less and less people who would be taking the risk to report... [she's] a very difficult person to replace."

Terry Davis, secretary-general of the human rights watchdog The Council of Europe, suggested she may have fallen victim to "self-appointed executioners... silencing voices of protest".



Politkovskaya had often received threats

In an interview two years ago with the BBC, Ms Politkovskaya said she believed it was her duty to continue reporting, despite receiving death threats.

"I think the duty of doctors is to give health to their patients, the duty of the singer to sing - the duty of the journalist is to write what this journalist sees in reality," she said.

Source: BBC

Japan's Abe in China for ice-breaking summit

By: Teruaki Ueno

BEIJING (Reuters) — Japanese Prime Minister Shinzo Abe arrived in Beijing on Sunday for a summit with Chinese leaders at which he will seek a thaw in ties chilled by wartime history and will consult on North Korea's nuclear threat.

Abe, on his first overseas trip since taking office on September 26, was to meet Chinese President Hu Jintao, Premier Wen Jiabao and parliament chief Wu Bangguo. He flies on to Seoul on Monday for talks with South Korean President Roh Moo-hyun.

"Prime Minister Abe is expected to stress the importance of building not only friendly ties, but also strategic, reciprocal relations between the two countries," a Japanese official traveling with Abe told reporters.

Beijing and Seoul refused summits with Abe's predecessor, Junichiro Koizumi, because of his pilgrimages to Tokyo's Yasukuni Shrine, seen by critics as glorifying Japan's past militarism.

But Abe's visit, less than two weeks into his tenure as prime minister, is seen as a chance for a fresh start.

"The change of government gives an opportunity for both sides to build a new relationship regardless of what has happened up to now," an aide to Abe told reporters in Beijing.

Abe, at 52 the first Japanese premier born after World War Two, is a conservative who wants to restore Japan's sense of national pride, and has defended Koizumi's visits to Yasukuni.

Abe has also paid his respects there in the past, and has declined to say whether he would do so again while in office.

But mending ties is seen as key to addressing North Korea's threat to conduct a nuclear test, an issue certain to be high on the agenda at the two summits. The first official said Abe would call for closer cooperation with China in dealing with the North.

Sanction?

Abe, Hu and Roh are expected to urge North Korea not to go ahead with a nuclear test, but behind the scenes they could well differ over how to persuade Pyongyang to hold back.

Japan and the United States prefer a hard line that would include tightening sanctions in the event of a test, while South Korea and China lean toward negotiation and incentives.

U.S. officials have said Pyongyang could detonate a device as early as this weekend.

Abe has laid the groundwork for the summits by softening his public statements on history, although experts warn the diplomacy could backfire in Beijing and Seoul if he later visits



Japanese Prime Minister Shinzo Abe (R) and Chinese Premier Wen Jiabao review the honour guard during a welcome ceremony at the Great Hall of the People in Beijing October 8, 2006. Abe arrived in Beijing on Sunday for a summit with Chinese leaders at which he will seek a thaw in ties chilled by wartime history and will consult on North Korea's nuclear threat.

Yasukuni.

No one expects the meetings to erase bitter memories of Japan's wartime aggression and colonization, end mutual mistrust, or settle disputes over territory and energy rights.

But Abe is hoping his summitry will win plaudits from mainstream voters at home, and ease concerns in Washington and elsewhere about regional tensions.

Japanese business executives wor-

ried about economic fall-out from chilly diplomatic ties have pressed Abe to improve relations with its neighbors. And with their vital trade and investment links, China and South Korea are also keen for better relations with Tokyo.

In a sign of Beijing's eagerness for rapprochement, its leaders will be meeting Abe despite Sunday's opening of a key gathering of senior Communist Party officials.

SANAA INTERNATIONAL SCHOOL



PROVIDING A HIGH QUALITY EDUCATION FOR 35 YEARS

A TRADITION OF EXCELLENCE

Beautiful purpose-built facilities on a spacious 34 acre site in a countryside setting. Sports facilities include soccer and softball fields, basketball and tennis courts. Large indoor multi-purpose area for volleyball, basketball, badminton, gymnastics, table tennis, musical and dramatic productions. Bus service available.

Main Campus

- ❖ Performance-Based curriculum for 5 years of age through secondary school
- ❖ Personalized education/small class sizes run by highly qualified & experienced teachers
- ❖ Over 40 computers available for student use, and computer instruction for all ages
- ❖ Extensive after school activity program involving music, art, craft, drama, & sports
- ❖ Advanced Placement (AP) college level courses available for qualified students
- ❖ Graduates attend American, Canadian, European, and Middle Eastern universities

SIS Pre-School

- ❖ Specific age appropriate experiences for 2, 3 and 4 year olds
- ❖ Attractive premises near the French Embassy including a garden and play area
- ❖ Certified experienced British teacher assisted by paraprofessionals
- ❖ School hours are from 7:55 a.m. to 12:00 noon (Saturday through Wednesday)
- ❖ Arabic program from 12:00 noon - 2:30 p.m.

Box 2002, Sanaa, Yemen Phone: 370 191-2 Fax: 370 193
Email: gordonblackie@qsi.org Web site: http://yem.qsi.org




Accredited by the Middle States Association of Colleges and Schools (MSA)
Member of Quality Schools International

Relief agencies seeking funds to keep operations going in a quake zone the size of New Zealand, spread across the western Himalayan foothills, have said that up to 1.8 million people could be at risk of cold and sickness over the winter.

Musharraf says those fears are overblown, and just 35,000 people would pass a second winter in tents in a region where mountain communities endure freezing temperatures and heavy snowfall.

But the president says Pakistan needed a further \$800 million in aid, as 600,000 new homes had to be built. This is 50 percent more than the government had estimated when donors stumped up \$6.5 billion at a conference a month after the catastrophe to cover the cost of emergency relief and reconstruction.



Car for Sale

Embassy of India, Sana'a wishes to sell a Mercedes Benz E-240 Model 2000, Black, 1,40,900 Kms.

The car is available for inspection at the Embassy premises at No 12, Djibouti St. Off Haddah St., Sana'a on any working day (Saturday to Wednesday) from 0930 hrs. to 1700 hrs.

Genuine offers for purchase may be submitted in a sealed envelope, addressed to Ambassador of India, Sana'a, on or before 12th Nov. 2006 with the following words written on the top of the envelope "Offer for purchase of car" to facilitate easy identification. Open letters or open covers with amount quoted will not be accepted.

SHARK
ENERGY DRINK

الطاقة التي تحتاجها
تجعلك في قمة النشاط والحياة

الطاقة الحقيقية

www.metcotrading.com

پاکستان اور افغانستان میں
اپنے پیاروں کو منٹوں میں رقوم بھیجیں

کم از کم ٹرانسفر فیس
US\$ 7**

• پاکستان اور افغانستان میں 3,500 سے زائد مقامات پر مقرر رہا کنڈے
• بینک اکاؤنٹ کی آسانی سے ضرورت نہیں
• وصول کنندہ کسی بھی ملک کی ادائیگی سے مستحق
• آسانی سے استعمال کیے جاسکتے ہیں

01-407 160

WESTERN UNION
دستور کی منتقلی

بنك اليمن الدولي
INTERNATIONAL BANK OF YEMEN
Authorized Agent

© 2006 Western Union Services, Inc. All Rights Reserved

INTERNATIONAL BANK OF YEMEN **بنك اليمن الدولي**

Build your history!
We value our customers!

VISA ELECTRON

IBY Visa Electron .. Wherever You Are.. Your account with you one Card Could Facilitate Your Local & International Transactions

Ask for your card today ... Absolutely Free

For more information, Please Contact us on: 01-407030 - or visit our site: www.ibyemen.com

Now,
You can dial on board
with Yemenia Flights

الآن
يمكنكم التواصل تلفونياً من على طائرات
اليمنية سواء كنتم في الأرض أو في السماء

Amman/ath

Yemenia **اليمنية** VISA MasterCard

www.yemenia.com

CANADIAN nexen

Yemeni Nationals Only

Canadian Nexen Petroleum announces the following vacancy:

Legal & Contract Assistant

Sana'a

Minimum Requirements:

1. Bachelor degree in Business Administration or equivalent.
2. 6 years' administrative experience. Strong computer skills necessary including use of Word, Excel, PowerPoint and Outlook.
3. Excellent knowledge of written and spoken English.

For further information or to apply for this position please visit our website:

<http://www.nexeninc.com/Careers/Yemen/>

Application Criteria:

- All applications **must be submitted** through our online application system.
- Online Applications must be submitted **No later than November 4th, 2006.**
- A member of our recruitment team will call you if you are selected for a test and interview.
- Selection will be based on the most qualified applicants.
- Applicants can check the status of their application online using the above URL.
- Please make sure that your Application contains all the needed personal, **contact** and **qualification** information.
- Faxed or Handed-in CV's will **NOT be considered.**



General Tender Announcement Number (11) Year 2006

Yemen Radio and TV Corporation announces tenders for the following:

- **Supply and hand-over of the antenna systems and required prapherial equipments for one FM broadcasting station of medium wave of 600 kilo watts.**

Interested specialized and manufacturing companies in this field are to come to the Corporation's premises- engineering sector, projects department in Sana'a near the Ministry of Public Health and Population during official working hours in order to obtain the tenders documents.

Tender fees: Non-refundable US 500\$ an additional 100\$ is charged for optional postal delivery.

General conditions:

- 1- Primary guarantee of 2.5% of the total tender cost and valid for 120 days from the date of opening the envelopes
- 2- Valid tax card for 2006
- 3- Valid commercial registration card for 2006
- 4- Valid Insurance card for 2006
- 5- Valid Alms (Zakat) card for 2006
- 6- The envelopes are to be sealed in red wax
- 7- Commitment to the general and special conditions stated in the tender documents

Place and date for opening the envelopes:

The envelopes are to be opened at 11 AM on Wednesday morning 8/11/2006 at the corporation premises

Send & Win with **DHL** ارسل واربح مع **DHL**

DHL
Express
We move the world

www.dhl.com

Panasonic
ideas for life

اتصل من
خلال
خطوط متعددة

نظام IP PBX متطور من
باناسونيك

Do not wait for your luck
Ramadan Kareem
Visit our Showroom soon
2006
Get your instant Gift

KX-TDA600
640 Co lines and
640 to 960 Extensions
(Max. 688 to 1008 ports)

KX-TDA100
64 Co lines & 64 to 128 Extensions
(Max. 108 to 159 ports)

KX-TDA200
128 Co lines & 128 to 256 Extensions
(Max. 216 to 316 ports)

www.panasonic.ae

ص.ب.: ١٩١٦٢، صنعاء، الجمهورية اليمنية هاتف: ٠٥/٢١٤٣٣٤، فاكس: ٢٠٧٢٢٤
الوكيل المعتمد: **ALFA** شركة ألفا المحدودة



**اليوبيل الفضي
SILVER JUBILEE
25 عاماً من الريادة**


بعض الخدمات التأمينية المتميزة التي تقدمها الشركة:-

<ul style="list-style-type: none"> • التأمين الهندسي (أخطار المقاولين). • تأمين الطاقة (النقط والغاز). • تأمين المعدات الثقيلة. • تأمين انفجار الغلايات. • التأمين المصرفي الشامل. • تأمين تعطيل الآلات (عطب المكان). • وفقدان الريح الناتج عنها. • تأمين ألواح الزجاج. • تأمين حياطة الأمانة. • تأمين السيارات. • تأمين كافة أخطار الحاسب الآلي. • تأمين المسؤولية المهنية (الأطباء والمحاسبون القانونيون). 	<ul style="list-style-type: none"> • تأمين السفر الفردي والجماعي والعائلي. • تأمين الحياة الفردي والجماعي. • تأمين الحوادث الشخصية الفردي والجماعي. • التأمين الصحي الفردي والجماعي. • تأمين إصابات العمل ومسئولية أرباب العمل. • تأمين المعلم اليمني. • تأمين النقل البحري والجوي والبحري. • تأمين هياكل السفن. • تأمين الحريق والسرقفة وتأمين فقدان الريح. • التأمين عن الحريق. • تأمين المسؤولية المدنية. • تأمين نقل النقود وتأمين النقدية في الخزينة. • تأمين الحجاج والمعتمرين.
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------



**المتحدة للتأمين
UNITED INSURANCE**


المركز الرئيسي: صنعاء : ص.ب. 1883 - تلفون 555 555 - فاكس 214012
 تعز: ص.ب. 6295 - تلفون 215825/215012 - فاكس 215145
 عدن: ص.ب. 80169 - تلفون 240971/248010 - فاكس 240972
 الحديدة: ص.ب. 3876 - تلفون 219969/2 - فاكس 206486
 المكلا: ص.ب. 50644 - تلفون 305051 - فاكس 304845
 البريد الإلكتروني: uicyemen@uicyemen.com
 الموقع على الإنترنت: www.uicyemen.com



**www.al-kbous.com
KABOS@y.net.ye**


للسعر العلبه
10 ريال

Energy Round the Clock !!



AL-KBOUS GROUP - Tel : 270800 - Fax : 275014




**This Ramadan Al-Rowaishan Welcomes
All BMW Customers for Free Service Clinic**



Enjoy our Special service offer
from 1st October upto 15th October 06th

- Free Diagnostic Report
- Special Discounts on Labor & BMW Genuine parts
- Special Discounts on Mobil engine oil
- Special Discounts & Free Checkup on battery by Exide
- Free Top up of the Fluids

In association with

Al Rowaishan
 INVESTMENT AND DEVELOPMENT CO. LTD.
 Hedda Street, Sana'a
 Ph: 289481 / 82 Fax: 200969

Airport 



**ROAM with SABAFON
& WIN up to
\$10,000 per month**

New from Sabafon!
 Using prepaid and prepaid services while roaming abroad, you can win the draw for a chance to win a monthly prize of \$10,000 starting from 1st of July. The winning promotion is offered to all Sabafon customers who roam outside Yemen. You will be automatically selected to enter the draw, when roaming outside Yemen for at least 20 minutes in any 24 hours.

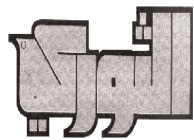
The winner's name will be announced in the daily & weekly newspapers and via SMS broadcast.

For more info call 211 or visit www.sabafon.com



Yemen Press Review

By: Mohammed Khidhr



Ath-Thawri weekly, organ of the Yemen Socialist Party (YSP), 5 Oct. 2006.

Main headlines

- Dr. Yassin to the Emirates al-Bayan newspaper: We are not sorry for taking part, the elections singled out new political reality
- To make up for what the ruling party spent on its propaganda and buying voter voices, The government collects Zakat from foreign oil companies
- JMP's election challenges in Dhaliq rejected
- JMP reveals to the society the ruling party's electoral crimes, renews its clinging to peaceful struggle
- Cheating in specifications, rise in prices, Collapse of Yemeni currency and warnings of inedible foods

In his front-page article writer Khalid Sultan says the political vivacity is not a product of the instant or a resounding explosion for change. The political activity, according to the Yemeni electoral scene is larger than confining it to two descriptions of absolute defeat or the sweeping victory it is mobility I whose context we read what ability it owns to lay the foundation stone of the upcoming change.

The elections whose results had been plundered and were violated during the stages of holding them are not the end of a course but a point for clinging to and a start. The elections managed to unmask ugliness of the governance face and mentality and its obsession for staying in power despite of the people will, defying the laws of change. The elections succeeded in

awakening the hidden awareness of the people, dropped the backward concepts of unilateralism and laid more than one brick on a long and costly road, but with happy endings and plenty of results in the direction of rectifying the failures in the criteria of choosing the ruler and reconsideration of concepts of presidency as a post and a job and election as a right and the people's will as basic and decisive player in drawing the shape of Yemen.



As-Sahwa weekly, 5 Oct. 2006.

Main headlines

- Arrests of members of electoral committees continue
- JMP discloses GPC's tendencies for changing results of Ibb local councils elections
- Al-A'nisi: The public opinion not satisfied over results announced by the authority, JMP will focus on reforming the election process
- Journalist accompanied the president in his election campaign discloses the elections "black file"
- Arrests and pursuits against JMP activists
- Gunmen led by a GPC sheikh threaten deputy chairman of election commission

Writer Zaid al-Shami says in his article there are still many leaders, including those from the ruling party, who want competition being forced and to trespass the limits, forgetting that our political system is based on political pluralism. The constitution stipulates that competition is a condition for the selection of president to the republic and the parliament has to recommend at least

three candidates for the post, the direct elections will not be proper unless there are two candidates at least. It is a must to publish this culture to be part of the awareness of all. This culture is activation of the principle of consultancy, right of the citizen and a contract that must be implemented by the ruler and the ruled subjects, thus what is wanted is reducing of damage of competition and its ramifications.

The ruling party and parties of the opposition will ponder and consider results of the elections for the purpose of studying and rectifying so that each will work for avoiding shortcomings. I want to point out here that the results are bigger than the proportion of votes or number of local councils seats, and rush of the public was not the end of the distance. Parties of the JMP were not able to preserve voices of their supporters whose votes had been confiscated in a way or another and they were unable to stop violations that observers had seen and recorded, in addition to that representatives were not able to limit them and some exposed to beating or expulsion.



Al-Wasat weekly, 4 Oct. 2006.

Main headlines

- Before attacking and killing al-Rabie, al-Dailami was killed with a shooting from helicopter
- Deputy head of the US diplomatic mission Khouri praises the interior ministry's operation and expresses fears of future terror
- Saudi authorities suspends granting visas to Umra for 50 thousand Yemenis

- Evaluation of performance and defending the masses rights, the main future tasks of the JMP

Editor in chief of the newspaper writes saying that the change in the president's address after the elections is focused on talking on dwarfing the criticsizers, purging establishments of the corrupt, which is a matter inspiring hope especially when it comes from the highest official in the state. All this can evaporate and become no more than heritage added to previous ones merely when the citizen finds himself face to face before the ghoul of high expensiveness against which the government sufficed itself to the role of conciliator and the head of the government has just met with heads of companies and industrialists, as if the subject is an object of discussion and not as a state having the power to deter and return thing to their proper position.

The wave of high cost of living is justified by simple-minded people as an attempt by traders to restore what they have spent on the elections, and this is the real test of the a head of state who has become the first one concerned with his subjects' problems, who have developed the idea that they his main support rather than the corrupt who have acted with the help of the state potentials to prove the connection of the track with him in the next stage.

For sure the president has not triumphed by virtue of the corrupt of his aides but by the help of the ordinary people who have not known any other one except him. They voted for him for fear that the country might be drowned in its sons' blood. The talk here is not about a percentage that is higher or lower. That has become history after recognition by the opposition of the new legitimacy.

Now it is a talk on a future full of promises that will solve all the

problems and put an end to the negatives. This necessitates following up the implementation of such promises and not to confine that to just waiting what the government officials will grant.

Presently, the opposition and the citizen are required to deal with the new situation hat produced a new legitimacy of the regime considering that what governs their relationship is a social contract based on an election program that must be implemented.



Al-Wahdawi weekly, organ of the Nasserite Unionist Organization (NUO), 3 Oct. 2006.

Main headlines

- NUO secretary general says September revolution represented salvation from despotism
- Killing of Rabie and Dailami came after return of FM from Washington
- Organization branch in Taiz demands sending the killer of martyr Shamsan to court holds the interior and the SCER responsible for what happened
- British prisons places for extremism promotion
- Saudi-Yemeni differences behind non-granting of visas to more than 35 thousand Yemenis
- Delay in announcing results of local elections for not completion of final statements
- A call for opening the file of torture in Yemeni prisons

Writer Ahmed Saeed says in his article surely there is a political vivacity that accompanied the elections held in the country lately and the opposition has contributed to them with a major role through its

serious participation in this constitutional right and its acceptance of competing for the first post in the state by presenting the patriotic figure the engineer Faisal bi Shamlan as candidate for the Joint Meeting Parties opposition alliance.

All are aware that elections of the last month, regardless of shortcomings and failures that helped domination of the ruling party, are considered a step on the right path by breaking taboos that give a halo of sacredness to the post of the president of the republic and managed to subject that post to competition.

Surely, those elections have resulted in tragic events the world has observed and reached the extent of targeting lives of citizens and crushing the will of electors by allurements and terrorization. The elections revealed that the competition was between the state potentials and the opposition rather than between the ruling party and the JMP. In my view they revealed practices showing ugliness of the ruling party's clinging to power and using whatever violates the law and the constitution to attain that end. The experiment of 20 September elections needs more peaceful struggle and sacrifice because it cannot be granted by political speech but by more work for increasing consciousness of the importance of squeezing out the rights and preserving them. It is not true that a real and comprehensive change has taken place in Yemen in the wake of elections but it is sure that the wheel of democracy is set to motion and it is difficult to stop it and the journey before it is composed of stages that can be more difficult and less trivial of what happened in the presidential elections. Consequently what happened is not the end of the journey and it is sure as well that the experiment is in need of objective evaluation by the JMP and to think of it with a sense of responsibility.

Islam and the Pope

By: Thomas L. Friedman

We need to stop insulting Islam. It's enough already. No, that doesn't mean the pope should apologize. The pope was actually treating Islam with dignity. He was treating the faith and its community as adults who could be challenged and engaged. That is a sign of respect.

What is insulting is the politically correct, kid-gloves view of how to deal with Muslims that is taking root in the West today. It goes like this: "Hushhh! Don't say anything about Islam! Don't you understand? If you say anything critical or questioning about Muslims, they'll burn down your house. Hushhh! Just let them be. Don't rile them. They are not capable of a civil, rational dialogue about problems in their faith community."

Now that is insulting. It's an attitude full of contempt and self-censorship, but that is the attitude of Western elites today, and it's helping to foster the slow-motion clash of civilizations that Sam Huntington predicted. Because Western masses don't buy it. They see violence exploding from Muslim communities and they find it frightening, and they don't think their leaders are talking honestly about it. So many now just want to build a wall against Islam. It will be terrible if Turkey is blocked from entering the European Union, but that's where we're heading, and the only thing that will halt it is honest dialogue.

But it is not the dialogue the pope mentioned — one between Islam and Christianity. That's necessary, but it's not sufficient. What is needed first is an honest dialogue between Muslims and Muslims.

As someone who has lived in the Muslim world, enjoyed the friendship of many Muslims there and seen the compassionate side of Islam in action, I have to admit I am confused as to what Islam stands for today.

Why? On the first day of Ramadan last year a Sunni Muslim suicide bomber blew up a Shiite mosque in Hilla, Iraq, in the middle of a memorial service, killing 25 worshippers. This year on the first day of Ramadan, a Sunni suicide bomber in Baghdad killed 35 people who were lining up in a Shiite neighborhood to buy fuel. The same day, the severed heads of nine murdered Iraqi police officers and soldiers were found north of Baghdad.

I don't get it. How can Muslims blow up other Muslims on their most holy day of the year — in mosques! — and there is barely a peep of protest in the Muslim world, let alone a million Muslim march? Yet Danish cartoons or a papal speech lead to violent protests. If Muslims butchering Muslims — in Sudan, Iraq, Egypt, Pakistan and Jordan — produces little communal reaction, while cartoons and papal remarks produce mass protests, what does Islam stand for today? It is not an insult to ask that question.

Muslims might say: "Well, what about Abu Ghraib, Guantanamo or Palestine? Let's talk about all your violent behavior." To which I would say: "Let's talk about it! But you'll have to get in line behind us, because we're constantly talking about where we've gone wrong." We can't have a meaningful dialogue if we, too, are not self-critical, but neither can Muslims.

Part of the problem in getting answers is that Islam has no

hierarchy. There is no Muslim pope defining the faith. There are centers of Muslim learning, in Egypt and Saudi Arabia, but their credibility with the masses is uneven because they're often seen as tools of regimes. So those Muslim preachers with authenticity tend to be the street preachers — firebrands, who gain legitimacy by spewing hatred at both their own regimes and the Western powers that support them.

As a result, there is a huge body of disenfranchised Sunni Muslims, who are neither violent fundamentalists nor wannabe secularists. They are people who'd like to see a marriage between Islam and modernity. But right now there is little free space in the Sunni Muslim world — between the firebrand preachers and the "official" ones — for that synthesis to be discussed and defined.

I had hoped Iraq would be that space. Whenever people asked me how I'd know if we'd won in Iraq, I said: when Salman Rushdie could give a lecture in Baghdad. I'm all for a respectful dialogue between Islam and the West, but first there needs to be a respectful, free dialogue between Muslims and Muslims. What matters is not what Muslims tell us they stand for. What matters is what they tell themselves, in their own languages, and how they treat their own.

Without a real war of ideas within Islam to sort that out — a war that progressives win — I fear we are drifting at best toward a wall between civilizations and at worst toward a real clash.

Thomas L. Friedman is an American journalist, columnist, author and three-time winner of the Pulitzer Prize, currently working as an op-ed contributor for The New York Times. Source: www.pekingduck.org.

Escaping George Bush's future

It always comes back to oil. The continuing misguided interventions in the Middle East by the United States and the United Kingdom have their roots deep in the Arabian sand. Ever since Winston Churchill led the conversion of Britain's navy from coal



By: Jeffrey D. Sachs

to oil at the start of the last century, the Western powers have meddled incessantly in the affairs of Middle Eastern countries to keep the oil flowing, toppling governments and taking sides in wars in the supposed "great game" of energy resources. But the game is almost over, because the old approaches are obviously failing.

Just when one is lulled into thinking that something other than oil is at the root of current US and UK action in Iraq, reality pulls us back. Indeed, President Bush recently invited journalists to imagine the world 50 years from now. He did not have in mind the future of science and technology, or a global population of nine billion, or the challenges of climate change and biodiversity. Instead, he wanted to know whether Islamic radicals would control the world's oil.

Whatever we are worrying about in 50 years, this will surely be near the bottom of the list. Even if it were closer to the top, overthrowing Saddam Hussein to ensure oil supplies in 50 years ranks as the least plausible of strategies. Yet we know from a range of evidence that this is what was on Bush's mind when his government shifted its focus from the search for Osama bin Laden to fighting a war in Iraq.

The overthrow of Saddam was the longstanding pet idea of the neoconservative Project for a New American Century, which was already arguing in

the 1990's that Saddam was likely to achieve a stranglehold over "a significant proportion of the world's oil supplies." Vice President Dick Cheney reiterated these fears in the run-up to the Iraq War, claiming that Saddam Hussein was building a massive arsenal of weapons of mass destruction to "take control of a great portion of the world's energy supplies."

Cheney's facts were obviously wrong, but so was his logic. Dictators like Saddam make their living by selling their oil, not by holding it in the ground. Perhaps, though, Saddam was too eager to sell oil concessions to French, Russian, and Italian companies rather than British and US companies.

In any event, the war in Iraq will not protect the world's energy supplies in 50 years. If anything, the war will threaten those supplies by stoking the very radicalism it claims to be fighting. Genuine energy security will come not by invading and occupying the Middle East, or by attempting to impose pliant governments in the region, but by recognizing certain deeper truths about global energy.

First, energy strategy must satisfy three objectives: low cost, diverse supply, and drastically reduced carbon dioxide emissions. This will require massive investments in new technologies and resources, not a "fight to the finish" over Middle East oil. Important energy technologies will include conversion of coal to liquids (such as gasoline), use of tar sands and oil shale, and growth in non-fossil-fuel energy sources.

Indeed, there is excellent potential for low-cost solar power, zero-emitting coal-based technologies, and safe and reliable nuclear power. Solar radiation equals roughly 10,000 times our current

energy use. We tap that solar power in many fundamental ways — food production, wind power, hydroelectric power, solar heating, solar-thermal electricity, solar panels — but the possibilities for greatly increased use of inexpensive, widely available, and environmentally friendly solar power are huge.

Coal, like solar energy, is widely available. It is already inexpensive, but it is a solid rather than a liquid, a major pollutant, and a source of greenhouse gas emissions. Yet all of these problems can be solved, especially if we make the needed investments in research and development. Gasification of coal allows for the removal of dangerous pollutants, and coal can already be converted to gasoline at low cost; a South African company is beginning to bring that technology to China on a large scale.

Nuclear power, both fission-based and fusion-based, is yet another possibility for vast, reliable, secure, and environmentally safe primary energy. Here, too, there are technological obstacles, but they seem surmountable. Of course, there are also major political, regulatory, and security considerations, all of which need to be addressed properly.

It is ironic that an administration fixated on the risks of Middle East oil has chosen to spend hundreds of billions — potentially trillions — of dollars to pursue unsuccessful military approaches to problems that can and should be solved at vastly lower cost, through R&D, regulation, and market incentives. The biggest energy crisis of all, it seems, involves the misdirected energy of a US foreign policy built on war rather than scientific discovery and technological progress.

Jeffrey D. Sachs is a professor of Economics and Director of the Earth Institute at Columbia University. Source: Project Syndicate.

Ramadan 2006 (Part V)

As for him who gives in charity and guards against evil and confirms the Good, We will pave his way to ease.
(Qur'an, 92:5-7)



By: Harun Yahya
www.harunyahya.com

"Fear Allah wherever you are; if you follow an evil deed with a good one you will obliterate it; and deal with people with a good disposition."
(Tirmidhi)

Worshipping Allah alone

One of the most important goals of a Muslim in this life is to spread the Qur'anic morals all over the world, so that people can serve God as they should. In the Qur'an, God has shown believers the way to achieve these aims and commanded as follows:

God has promised those of you who believe and do right actions that He will make them successors in the land as He made those before them successors, and will firmly establish for them their religion with which He is pleased and give them, in place of their fear, security. 'They worship Me, not associating anything with Me.' Any who are disbelievers after that, such people are deviators. (Sura an-Nur: 55)

In accordance with a secret God reveals to believers, God will secure the establishment of the values of the Qur'an all over the world if believers only worship God, without ascribing partners to Him. This is a very important secret, because, it indicates that it is the responsibility of every believer to spread the guidance of the Qur'an among all people.

Since this is the case, every believer of conscience should strictly avoid associating partners with God and worship only Him. Before all else, associating partners with God is a sin that God does not forgive and which sends man to hell. However, it may well be that a majority of people relate this concept to pagans who worship idols. Mankind should also be wary of the "hidden idolatry".

In this form of idolatry, one can



readily express his faith in God, acceptance of God as the one and only God and creator and obedience to Him.

But, fearing any being other than God, considering the approval and support of other people more important, considering trade, family and ancestry more important than God and striving in His way, are outright idolatry. The true sense of faith as explained in the Qur'an deems the good pleasure of God above and over anything else.

The affection displayed to all beings other than God, can only be

means to earn God's pleasure. Those who feel indebted to people for a blessing given to them, who regard them as their protector are, in fact, idolaters.

This is because, the One who bestows various kinds of sustenance to people is God; the One who feeds, protects and shelters every living being and restores them to health when they are ill is God alone. If God wills, He restores a sick person to health by the hand of a doctor. In this sense, it is illogical for someone to pin his hopes only on the doctor. Because, no doctor can cure a patient

unless by the Will of God.

A person whose health is improved should see his doctor as a person by whose hands God restores him to health and, accordingly, show the due respect to the doctor. However, knowing that it is actually God who heals, it is God to whom he should be grateful.

Otherwise, he would be associating partners with God and would ascribe an attribute of God to man. All Muslims should strictly avoid hidden idolatry, and making friends, confidants or protectors other than God.

Man's inner self commands evil acts

Man's inner self is the commanding power inside him and knows both depravity and how to avoid it. In other words, it is the inner self which inspires evil and wicked deeds. God relates these two features of the inner self in the Qur'an as follows:

And the innerself and what proportioned it and filled it with both its debauchery and its sense of duty, he who purifies it has succeeded. (Sura ash-Shams: 7-9)

The inner self is mentioned in the verses as the source of all depravities and wrong acts of people. Having such a feature, the inner self is among the most avowed enemies of mankind. The inner self is arrogant and selfish; it always wants to satisfy its own desires and vanity. It cares only about its own needs, interests and seeks only pleasure. It resorts to every means to

tempt mankind since it is not always possible to fulfill its wishes through legitimate ways. The words of the Prophet Joseph explains this fact in the Qur'an as follows: I do not say I free my self was from blame.

The innerself indeed commands evil acts-except for those whom my Lord has mercy on. My Lord, He is Forgiving, Merciful.' (Sura Yusuf: 53)

That one's inner self vigorously inspires evil and wicked deeds is a very important secret revealed to believers having fear of God. This way, they know that the devices of the inner self will never cease, not even for a single moment. Through temptations, it continuously tries to lead man astray from God's way. In accordance with this secret, the inner self will never remain silent; it will justify its deeds under all circumstances, will love itself more than all others, will grow arrogant, will

desire to possess everything good and will desire to lead a life of pleasure. In brief, it will resort to any means to make a person display the type of an attitude contrary to the morality which would please God.

Indeed, the behaviour and manners of disbelievers, which do not comply with the morals of the Qur'an, are shaped completely by their inner-selves. Having no fear of God, disbelievers cannot demonstrate the will to obey their conscience but rather follow their inner-selves. Quarrels, conflicts of interests and unhappiness raging in societies in which religion is cast aside, have their roots in individuals' plunging into their inner-selves and their own interests and consequently, losing all their humane attributes such as true love, respect and sacrifice.

That is why this secret revealed by God is of great importance. As long as one keeps this secret in mind, he can

take precautions against his inner self and assume the correct way of conduct. The inner self can be disciplined by doing just the opposite of what it commands. For example, when the inner self commands laziness, one must work harder. When the inner self commands selfishness, one must become more self-sacrificing. When the inner self commands stinginess, one must become more generous.

Apart from the wicked side of the soul, from Sura ash-Shams, we know that God also inspired in the soul a conscience which makes a person restrain his soul from fulfilling lower desires. That is to say, next to an inspiration instigating the soul to evil, the soul is also open to instigation of righteousness. Every man is aware of these whispering voices and recognises the evil and the righteous one. Yet, only those who fear God follow the voice of their conscience.

Signs of Allah's creation

Weaving experts in nature

Is it possible to say that a creature which builds strong nests made up of interlocked plaited on twigs using very systematic movements, cutting long, thin strips out of fresh, green leaves, has "learned to do this through chance"? Certainly, the claim of "learning by chance" would be a somewhat insufficient explanation for such skills.

As you will see in the example we are about to give, many features present in animals openly expose how irrational and unreasonable are the claims of the evolutionists. The weaver bird first collects the material it will use. The bird either cuts long, thin strips out of fresh, green leaves or it makes use of the middle vein of the leaves. Surely, it has a reason for using these fresh leaves.

It would be difficult for the bird to handle material from dry leaves and to use them in weaving, whereas such processes are carried out very easily with fresh leaf fibers. The bird begins the work by first of all wrapping the end of a long strip, torn from a leaf, around a twig.

Holding one end of the strip against the twig with one foot, it works the other end with its beak. In order to prevent the fibers from falling down, it attaches them together by tying a knot. First, the bird makes a loop.

This is the entrance to its nest.

Then, using its beak like a shuttle, it passes the leaf fibers over and under the other fibers in an orderly way. The bird must calculate how taut it should pull each strip during the process of weaving because, if the weaving is loose, the nest will collapse away. In addition, it must envisage the final shape of the nest so it can decide

when the walls of the nest should be curved or be given an outward-projecting shape. After weaving the entrance, the bird begins to weave the walls of the nest. To do this, it hangs downwards and continues to work from inside the nest.

With its beak, it pushes one fiber under another and then holds the free end of fiber and pulls it tightly. Thus, very orderly weaving is formed. As noted above, the weaverbird always works by following certain steps while building its nest. First, it collects the most appropriate material for the nest. It does not begin to weave its nest from a randomly chosen point but first makes an entrance and continues to build the walls from there.

It is certainly impossible to claim that the weaverbirds have acquired these skills by unconscious coincidences. The fact that the weaverbirds also, like all other creatures, act through the inspiration of Allah is an evident fact that every man of reason and consciousness can easily see.



FROM
5,000YR

TO
5,000,000YR

CONGRATULATIONS

WINNERS UNTILL 30/09/2006

WINNERS OF 200,000YR



NAME:-
YOUSOF MOHAMED AHMAD



NAME:
SABRY KHAMES



NAME:-
SALEH YEHIA ALSHAMI



NAME:-
AHMAD MOHAMED KHIRAN



NAME:-
ABDULAH ALICN ALMADHADI



NAME:-
ABDULRAHMAN FOUAD RASHED



NAME:-
MOTAHAR MOHAMED ALSAKAF

THE 1st WINNER OF 1,000,000YR



NAME:-
FESAL HASAN MOHAMED

THE 2nd WINNER OF 1,000,000YR



NAME:-
YASER MOHAMED ABDOON

THE 1st WINNER OF 500,000YR



NAME:-
ABDOO MOHAMED ABDOO AL-HOSEENE

THE 2nd WINNER OF 500,000YR

WINNERS OF 100,000YR



NAME:-
AHMAD ALI ABDUMAGED



NAME:-
SAEED GHAIEB SAEED AGBARI



NAME:-
ALI ABDULAH KAID



NAME:-
RIAN MOHAMAD EMAD



NAME:-
HAMID ABDUH AHMAD



NAME:-
SUDIAH EBRAHIM MOHAMAD



NAME:-
TARIQ MOSEED SAEED

TOTAL VALUE	TOTAL Number of Winners
2032	18,020,000YR



PRIZES	5,000YR	10,000YR	20,000YR	50,000YR	100,000YR	200,000YR	500,000YR	1,000,000YR
Number of Winners	1826	81	84	20	10	7	2	2

There is still big chance to win lots of Cash Prizes or to participate in The Final draw for 5,000,000YR

For any in formation Call 04-218511

Pesticide handling in Yemen is uncontrolled

By: Anwar Moghram

Yemen began using pesticides in 1935 and continued in limited use until the early 1950s, when the country began using chlorinated hydrocarbons to fight locusts, cotton blight and palm diseases. Pesticide use increased in the 1960s due to joint agricultural projects between the Agriculture Ministry and donors.

Processes involving importing, using, selling and storing pesticides grew in the 1990s, but with complete absence of law to organize such processes. Therefore, Yemen became an open market for various types of pesticides, including herbicides (for weed control), insecticides and fungicides.

In 1999, concerned authorities issued Law No. 25 regulating pesticide handling for plant pests. The law was followed by other laws and regulations, but they didn't change the situation.

Although the law was issued seven years ago, 50 percent of stores selling and storing such pesticides continue to operate without licenses. Additionally, Yemen has no manual regarding banned imported pesticides. According to information from the General Department of Plant Protection (GDPP), one-third of the pesticides in Yemen are considered banned varieties.

Absence of monitoring

Most Sana'a stores selling and storing

such chemical toxins are located on the same street as the GDPP, which is responsible for arranging marketing and handling procedures for such products.

"The 1999 law gave the GDPP the authority to arrange, observe and monitor pesticide circulation. However, the agriculture minister issued a resolution authorizing governorate agriculture offices to license such stores and conduct the monitoring process. The aim of this decision was to reduce centralization and facilitate obtaining of licenses," GDPP general manager Abdulqawi Abduljalil explained.

"Unfortunately many such offices neglected their role so that 50 percent of pesticide stores nowadays are operating without licenses. Additionally, many stores don't comply with industry standards and conditions. Moreover, we also experience pesticide smuggling. All of these factors create a bad pesticide situation in Yemen," he continued, describing the reasons for the nation's random pesticide handling.

Abduljalil confirmed that the 1999 law will be implemented in the near future by conducting regular surveillance campaigns of such pesticide stores, adding, "We'll close any store without a license or that doesn't follow standards."

Internationally banned pesticides

While there's no fixed data on the amount of banned pesticides in Yemeni markets, Abduljalil assesses that they comprise 30 percent of the total



Pesticides stored improperly may lead to biohazards affecting humans and plants.

market. He states, "There are 335 internationally banned pesticide compounds. In the future, we're going to confiscate these materials and prevent them from entering Yemen."

However, pesticide trader and engineer Hamza Omer Ali places the number higher, proposing that as much as 80 percent of pesticides on the Yemeni market are banned internationally.

Concerning methods used to distinguish between fatal toxins and allowable pesticides in Yemen, Abduljalil notes that the GDPP doesn't have laboratories for this purpose. "In recent years, we didn't even have a list of banned pesticides, but now we're close to preparing a list and announcing it," he adds.

Environmental risks and diseases

Regarding pesticides' negative impacts and risks and their affects upon living organisms, plant protection expert Abdulqawi Abdulaziz says such compounds are considered the most dangerous chemical toxins because they don't break down easily.

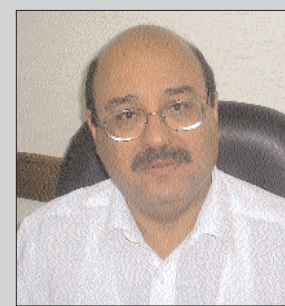
"Many banned pesticides are on the Yemeni market due to random marketing, as well as expanded cross-border smuggling operations," he notes. Such pesticides leave behind hazardous waste, thereby killing insects, plants, fungi and other organisms, Abdulaziz explains.

"Random and widespread pesticide use causes environmental imbalance, since such pesticides also destroy natural biological enemies. Such imbalance will turn plant disease into a plant epidemic and thus create new breeds with stronger resistance to such pesticides," he warns.

Abdulaziz points out that pesticide use also is negatively impacting agricultural lands and wells and contaminating water. He also referred



Abdulqawi Abduljalil
Fifty percent of pesticide stores nowadays are operating without licenses. Additionally, many stores don't comply with industry standards and conditions.



Nadeem Sa'eed
Thirty percent of Yemeni cancer patients have mouth and gum cancers due to pesticides sprayed on qat and vegetables.



Hamza Omer Ali
Eighty percent of pesticides on the Yemeni market are banned internationally.



Saleh Al-Dhubiani
Yemen's largest crop, qat, receives 70 percent dose of pesticides, whereas fruits and vegetables receive 30 percent.

to other pesticides, whose dosages include lethal amounts, which cause accidental poisonings and death.

According to Abdulaziz, the most dangerous pesticide on the Yemeni market is methyl bromide used to sterilize plastic greenhouses that keep vegetables like cucumbers, tomatoes, and sweet green peppers because such houses are randomly and massively treated with insecticides.

"Such crops become like a toxin sandwich because the insecticide remains on the crops, which are picked before the toxins break down," he adds.

Abdulaziz accuses farmers of being greedy because they don't follow instructions regarding picking their crops for marketing, but rather ignore the importance of allowing crops time after pesticide spraying to ensure it breaks down.

Pesticides seller, Saleh Al-Dhubiani points out that Yemen's largest crop, qat, receives 70 percent dose of pesticides, whereas fruits and vegetables receive 30 percent. Abduljalil agrees, but notes that such estimate is based upon personal

evaluation as no studies exist to prove it.

National Cancer Center general director Dr. Nadeem Mohammed Sa'eed says many pesticides are toxic and have a fast and direct impact, while others have long-term impacts and cause diseases like cancer. "Thirty percent of Yemeni cancer patients have mouth and gum cancers due to pesticides sprayed on qat and vegetables. This is one of the world's highest rates," he notes.

According to Sa'eed, some patients have entered the hospital after chewing poisoned qat and within 72 hours, they experience jaundice, and a coma, which may lead to death.

Farmer Saleh Al-Bahri recounts that another farmer he knows sprayed his crops with a certain pesticide three years ago, but didn't use any type of protection, so he experienced peeling of the skin on his face, hands and other body parts.

Awareness campaigns and implementing law

Regarding farmer awareness and training, Abduljalil says the GDPP is

offering training courses to farmers, agricultural advisors and pesticide sellers.

However, Al-Bahri denies that farmers in his region have received any type of training, but the farmers inquire about agricultural matters from agricultural guides when they visit the area for campaigns to fight certain plant diseases.

Al-Dhubiani says the GDPP only organized one training course three years ago. "But we [agriculture guides] do our best to explain to farmers how to use pesticides properly and safely. Some farmers respond to us while others pay no attention to such instructions," he adds. Ali also blames farmers, saying many use pesticides not to fight blights but to grow and ripen crops faster to sell on the market.

While Sa'eed insists on the importance of training courses and awareness campaigns, he also admits that such activities aren't enough. "Rules and laws must be applied, monitoring must be conducted regularly and any dissenter or lawbreaker must be punished," he emphasizes.



A lab in General Department of Plant Production.



Pesticides are sold randomly and without keen supervision by authorities.

Fasting for chronic patients: How and when

"Doctor, I have a cardiac problem, but I want to fast during Ramadan. How can I do it properly?" This is a very common question asked not only by cardiac patients, but by many other chronic patients. However, the answer is sophisticated.

Ramadan fasting is one of the Islamic faith's basic pillars. One first should look at the positive and negative effects of fasting upon the human body. The body needs food to provide energy for immediate use by burning carbohydrates; that is, sugar. Excess carbohydrates that can't be used immediately are stored for future use as fat tissue in muscles and as glycogen in the liver. Insulin, a hormone secreted

from the pancreas, lowers blood sugar and diverts it to other forms of energy storage; that is, glycogen.

When one fasts (or drastically decreases carbohydrate intake), blood glucose and insulin levels are lowered, which causes breakdown of glycogen in the liver to provide glucose for energy, as well as breakdown of fat in adipose tissue also for energy.

Total fasting reduces or eliminates hunger and causes rapid weight loss. In his book "Fasting as a Way of Life," Allan Cott noted, "Fasting brings a wholesome physiological rest to the digestive tract and central nervous

system and normalizes metabolism."

A study conducted in the Cardiology and Cardiovascular Surgery Department at Hamad General Hospital part of Hamad Medical Corporation in Qatar investigated whether Ramadan fasting has any effect on patients with heart disease. Studying

465 outpatients with various heart diseases who fasted during Ramadan from Oct. 24 to Nov. 24, 2003, they concluded that the effects of fasting during Ramadan upon stable cardiac disease patients are minimal; thus, most patients with stable cardiac disease can fast.

Suggested fasting guidelines for medical patients

Diabetic patients: Diabetics who control their condition by diet alone can fast and hopefully, with weight reduction, their disease may even be cured or at least improve.

However, those diabetics who supplement their diet with oral hypoglycemia agents should exercise extreme caution if they decide to fast. These patients should reduce their dosage to one-third and not take the medication in the morning, but rather with the evening iftar meal. Also, if they develop low blood sugar symptoms during the day, they should break the fast immediately.

Diabetic patients who take insulin shouldn't fast. However, if they do so at their own risk, they should be closely

supervised and drastically change their insulin dosage. For example, such patients should eliminate short-acting insulin altogether and take only NPH or Lantus after the iftar meal or before the sahoor meal.

If diabetic patients fast, they still should observe a diabetic diet during iftar, sahoor and dinner, checking their blood sugar both before breakfast and after ending their fast. Also, sweet snacks common during Ramadan aren't good for their disease.

Hypertensive and cardiac patients: Those who are overweight with mild to moderate high blood pressure should be encouraged to fast, since it may help lower blood pressure. They also should see their physician to adjust their medications. For example, the water pill

(diuretic) dosage should be reduced for fear of dehydration and long-acting agents can be taken once a day before sahoor. Such patients also should avoid pickles and salty foods at iftar. However, those with severe hypertension or heart disease shouldn't fast at all.

Coronary heart disease patients with heartbeat irregularities (arrhythmia) should be careful and consult their cardiologist before making any medication changes. Also, it's strongly advised to avoid iftar foods containing lipids (fat) and, needless to say, they should stop smoking and avoid chewing qat.

Dr. Bahaa Lotfy is a cardiology specialist at Saudi-German Hospital, Sana'a.



By: Dr. Bahaa Lotfy

نتقدم بأجمل التهاني و أطيب التبريكات إلى باني
نهضة اليمن الحديث و صانع الإنجازات صاحب

الفخامة الرئيس /

علي عبد الله صالح

رئيس الجمهورية

وإلى كافة أبناء الشعب اليمني الكريم

بمناسبة العيد الـ ٤٤ من ثورة الـ ٢٦ من سبتمبر

والعيد الـ ٤٣ من ثورة الـ ١٤ من أكتوبر

العيد الـ ٣٢ من يوم الاستقلال في الـ ٣٠ من نوفمبر

وكل عام و الجميع بخير،،

عنهم :

المدير التنفيذي لشركة صافر لعمليات

الاستكشاف والإنتاج ونائبه

و جميع موظفي وعمال الشركة

We present our hearty congratulations to the pioneer of
modern Yemen and achievements' maker

His Excellency, President

H.E. Ali Abdullah Saleh

and to the Yemeni People

on the occasion of the 44th anniversary of 26th Sept, 43rd
anniversary of 14th October and the 32nd anniversary of
30th of November.

Many happy returns

Executive Manager of Safer

Exploration and Production Operations Company and

His Deputy of the company

and all Employees



SAFER

شركة صافر لعمليات الاستكشاف و الإنتاج
Safer Exploration and Production
Operations Company (SEPOC)

National football team arrives in Jeddah



National football team

Yemen's National Football Team arrived in the Saudi city of Jeddah on Friday to meet its counterpart on Wednesday. The game is part of the Asian Cup of Nations' qualifiers. Japan and India are the two other countries competing in Group A.

The Yemeni team started its training camps under its national coach, Captain Ahmad Al-Ray'e, to select

the best formation of players to play Saudi Arabia.

The team held an internal weeklong training camp on following its match with Japan in Sana'a that ended with a narrow 1-0 victory for Japan over host Yemen. Such a narrow victory guaranteed Japan's qualification for the Asian Cup of Nations Finals due to be hosted by four countries:

Indonesia, Malaysia, Thailand and Vietnam in next summer.

Yemen's meeting with Saudi Arabia will no have any bearing on the Asian Cup. Yemen has no chance to qualify for the finals after both Saudi Arabia and Japan guaranteed their own qualification. Yemen and India were eliminated from the finals earlier.

Yemen's Karate Team prepares for Mid East Championship

Yemen's National Karate Team is continuing its internal training to prepare for the Middle East Karate Championship, due to take place in the Jordanian capital Amman October 26 - 30 and then the Fifth Round of Asian Games in Doha.

The team's coaching staff, headed by Captain Ahmad Al-Radaye, Technical Supervisor at Yemeni Karate Federation, administered many tests and training programs for more than 50 players, who have been selected from different karate clubs nationwide.

The internal training camp is due to last until October 10 and then the players will head for the Syrian capital Damascus for an external training camp, due to be staged for 15 days in cooperation with the Syrian Karate Federation.

These practice camps aim to prepare players for the competition and improve their karate skills to perform well in international participation.

إستشارات - تدريب - تعليم
بمناسبة شهر رمضان
برامج تأهيلية جديدة
ومميزة

رؤية علمية عملية تصنع النجاح

المركز الوطني الأول المعتمد للتدريب والامتحانات التخصصية لقيادة الحاسوب
The First National Center Accredited For Training and Examination in ICTDI.

برامج التأهيل التخصصية الدولية لقيادة الحاسب الآلي

تسعى المنظمة لتوفير كافة الخدمات الأساسية من تدريب وتأهيل في استخدام الحاسوب وتكنولوجيا المعلومات والبرمجة وتطوير المواقع الإلكترونية والتدريب على المهارات الإدارية والمالية والتسويقية وغيرها من المجالات التي يحتاجها سوق العمل في ظل التطور التكنولوجي العالمي.

برامج اللغة الإنجليزية في رمضان

165\$ 50\$
100\$ 40\$

Level Theory Part: 1 Part: 2 Part: 3 Part: 4 Part: 5 Part: 6 Part: 7 Part: 8 Part: 9 Part: 10 Part: 11 Part: 12 Part: 13 Part: 14 Part: 15 Part: 16 Part: 17 Part: 18 Part: 19 Part: 20

The Scientific and Practical View Which Creates The Success

مستشار - شارع حجة - أمام بوابة الأمن المركزي
Yemen - Sana'a - Hadda St. In Front of Alamin Alkharajy Gate
Tel: 2404335/16613 Fax: 266537 - P.O.Box 412
Web Site: ictedi-edu.com - Email: info@ictedi-edu.com

Consulting - Training - Qualifying

((وشر المارين الذين اذا اصابهم حمية قالوا انا لله وانا اليه راجعون))

بقلوب مؤمنة بقضاء الله وقدره نتقدم بخالص العزاء
وصادق المواساة إلى

معالي الوزير الدكتور/ جلال إبراهيم فقيرة
وزير الزراعة والري

والدكتور/ مختار إبراهيم فقيرة

لوفاة المغفور له بإذن الله تعالى والدهما الحاج/
إبراهيم عبدالله فقيرة

سائلين الله العلي القدير أن يتغمد الفقيد بواسع رحمته وأن
يسكنه فسيح جناته وأن يلهم أهله وذويه الصبر والسلوان ..
ولا حول ولا قوة إلا بالله العلي العظيم

المعزون:
أ/ نادية عبدالعزيز السقاف
رئيس مجلس الإدارة ورئيس تحرير صحيفة يمن تايمز
أ/ وليد عبدالعزيز السقاف

مشروع شنتطة رمضان
للسنة الثانية على التوالي

للإستفسار والمشاركة يرجى التواصل معنا
مؤسسة صناع الحياة - اليمن
صنعا - هاتف ٤٤٦٤٦٩ ٠١، شارع الجزائر - بجانب معرض الجزائر للسيارات

Merlin Gerin - Square D - Telemecanique

Excellent Career Opportunity

SALES ENGINEER

Schneider Electric, a World Leader in electrical distribution products and equipment, having a strong presence in the Middle East requires a Fresh Electrical Engineering Graduate, to be trained as Sales Engineer for its operations in Yemen. The selected candidate will be placed in Riyadh, Saudi Arabia for the first two years where he will undergo extensive training on its Products and Equipment as well as sales techniques and other skills. On completion of the training, he will return to Yemen to assume the position of Sales Engineer.

An Attractive package awaits the right candidate.

Please apply within 7 days to:

The Human Resources Department
P.O. Box 89249, Riyadh 11682, KSA.
Fax: +906 1 265 18 60
E-mail: SA.Human.Resources@ssa.schneider-electric.com

Schneider Electric is a world leader in these businesses; thanks to three reputed brands: Merlin Gerin, Square D and Telemecanique.

Schneider Electric

ALJAWDAH COMPANY LTD.

Consulting Training Recruiting

We are looking for :-

- Project Manager (Contracting & Engineering Company -Sana'a)
Nationality {Yemeni (has got his degree from aboard) or any other Nationality}
Qualification:- Bachelor of Civil Engineering
Experience:- 8 + as a project Manager and Supervision for big project
- Senior Accountant (Partner Company - Sana'a. An oil, gas and petrochemical International company)
Nationality: - Yemeni or (Indian is living in Yemen). "Sex: - Male or Female"
Qualification: - Bachelor Degree in Accounting
Experience: - 4 - 7 years of experience in Accounting, Finance and Auditing.
Excellent verbal and written communications skills in English and Arabic
- Human Resources Manager-Sana'a
- Secretary (Bilingual) -Sana'a
- Specialist of Anesthetist -Sana'a
- Marketing Manager-Sana'a

If you wish to apply, please send your updated CV in English to
aljawah.rec@gmail.com.
For more information, call 449178.

**CLASSIFIED
ADVERTISEMENTS
PAGE**

NOW The first stationary in Yemen opens the first-largest shopping center

Integral school appliances
Library and stationary appliances with latest models
Amusing and educational toys from Walt Disney and others
Computer systems, accessories and appliances
Library Machines and equipments
Gifts show pieces, natural and artificial roses and others
Marriage cards and wedding appliances

ASHIBAMI AGENCIES
For Stationery Supplies

Headquarters: Al Zubairi Street, Sana'a
Tel: 207114 - 414143 - 414141
Fax: 207167 - 426026
E-mail: ashibami@y.net.ye

Made in Yemen - Ramadan delicacies

Every issue, we will bring you recipes of a number of Yemeni traditional foods made especially during Ramadan. We will also provide you with health tips regarding some of the food items for your benefit. **Bonn appetite!**

Salta:

Ingredients:

One cup of meat broth
One tbsp Fenugreek powder
Warm water for making the Hulba
Meat broth
_ kilo minced meat
One onion
3 garlic cloves grounded
2 spoons of oil
One cup of chopped fresh leak leaves
20 grams (around three spoons) of chopped coriander leaves
Four red tomatoes
One spoon tomato paste
Salt and spices

with blender for 10 minutes then soak for five minutes

4. Repeat step three until mixture is white and creamy

Making the minced meat:

1. Heat the oil
2. Finely chop the onion
3. Dice the onion with the grounded garlic in the oil and fry until golden
4. Meanwhile finely chop the tomatoes
5. Add salt and spices
6. Add the minced meat and let cook with one cup of water for half an hour or until the meat is cooked

Making the Salta:

1. Heat the madarah until quiet hot
2. Add the meat broth
3. Make the minced meat mixture into small balls and put inside the broth while continue heating
4. Finally four the Hulba on top of the mixture and serve immediately

Note: you can substitute the meat with



Malouj is eaten in many Yemeni houses on daily basis as a home substitute for ready made bread

PHOTO BY FATIMA AL-AJEL

vegetables such as potatoes, ladyfingers or white beans. You can add one egg at the beginning by frying it in the heated Madarah.

Malouj:

3 cups wheat
1 cup flour
Warm water for making the dough
Salt for taste
One tspn yeast
One spoon fenugreek
Black cumin seeds

Procedures:

1. Make the dough by mixing the ingredients together for 10 minutes
2. Let it relax for one hour until the yeast starts working
3. Meanwhile soak the fenugreek in half a cup of water for half an hour
4. Heat the traditional oven (Tanour) and let heat for 10 minutes
5. Take a part of the dough and wipe the front with the fenugreek batter
6. Smooth the dough and expand it by hand
7. Immediately slam it into the Tanour keeping the side with fenugreek visible
8. Spray the while the bread is still cooking
9. Serve hot with the Salta

Procedures:

Making the Hulba:

1. Soak the fenugreek in cold water for 4 hours at least (the longer the better)
2. Drain the old water and add new cold water
3. Blend the fenugreek with hand or



Salta is a spicy stew meat-based spiced with fenugreek PHOTO BY FATIMA AL-AJEL

Health benefits of Salta with Malouj

The Salta is almost known as Sana'a's national dish. It is a spicy stew meat-based spiced with fenugreek and generally served at the end of the main course. The taste is quite unlike any Western dishes, which may take newcomers by surprise, but it is a taste well worth acquiring.

This dish has many benefits for it containing fenugreek (discussed in an earlier issue) and wheat (also discussed in an earlier issue) and

lungs to all body cells, and is also part of key enzyme systems for energy production and metabolism. Additionally, iron is instrumental in keeping your immune system healthy. Iron is particularly important for menstruating women, who lose iron each month during menses. Additionally, growing children and adolescents have increased needs for iron, as do women who are pregnant or lactating.

Seeds of Good Digestion

Cumin seeds have traditionally been noted to be of benefit to the digestive system, and scientific research is beginning to bear out cumin's age-old reputation. Research has shown that cumin may stimulate the secretion of pancreatic enzymes, compounds

necessary for proper digestion and nutrient assimilation.

Cancer Prevention

Cumin seeds may also have anti-carcinogenic properties. In one study, cumin was shown to protect laboratory animals from developing stomach or liver tumors. This cancer-protective effect may be due to cumin's potent free radical scavenging abilities as well as the ability it has shown to enhance the liver's detoxification enzymes. Yet, since free radical scavenging and detoxification are important considerations for the general maintenance of wellness, cumin's contribution to wellness may be even more farther reaching.
Source: whfoods.com

Black cumin:

Iron for Energy and Immune Function
Cumin seeds, whose scientific name is Cuminum cyminum, are a very good source of iron, a mineral that plays many vital roles in the body. Iron is an integral component of hemoglobin, which transports oxygen from the

اشترى
السيارة الصينية الجديدة من الرويشان

A New Chinese Car

XIALI
زيالي

اسعار مناسبة
قوة ومثانة
خدمة صيانة وتوفير قطع الغيار
ضمانة 24 شهراً أو 40,000 كم
البيع نقداً أو بالتقسيط

Al-Rowashan showroom,
Zubairi St. Tel: 01-534577
المعرض: صنعاء - شارع الزبيرى - جولة بغداد

يوماً بعد يوم

نقرب
ملك
أكثر

CAC BANK

CONSOLIDATED CONTRACTORS
INTERNATIONAL COMPANY - SAL

CONSTRUCTION OF MECHANICAL
AND HEAVY CIVIL PROJECTS

- ⊕ Petrochemical plants, refineries.
- ⊕ Heavy, light industrial plants.
- ⊕ Power and desalination plants.
- ⊕ Fuel and water storage tanks.
- ⊕ Oil fields ancillary installations.
- ⊕ Air purification for industry
- ⊕ Marine docks, harbours, deep sea berths & refinery terminals.
- ⊕ Offshore structures and underwater works.
- ⊕ Pipelines construction and maintenance.
- ⊕ Prefabricated accommodation & office facilities.
- ⊕ Sewage treatment plants & collection networks.
- ⊕ Airports, roads, highways, bridges & fly-overs.
- ⊕ High quality buildings & sports complexes.
- ⊕ Water treatment plants, reservoirs & distribution systems.

Sanaa
Tel: (967-1) 441638
Fax: (967-1) 441630
E-Mail: cccyemen@y.net.ye

Aden
Tel: (967-2) 377328
Fax: (967-2) 377116
E-Mail: cccaden@y.net.ye

HYUNDAI
HEAVY INDUSTRIES CO., LTD.
CONSTRUCTION EQUIPMENT DIVISION

POWER/SAFETY/TECHNOLOGY
We build a better future

A new chapter in construction equipment has now begun.

شركة زيبين للتجارة والصناعة
Zubayen Trading & Industry Company
Sana'a (441575/571) Fax: 441579, E-mail: zubayen1@y.net.ye.
Aden (205060/1/2) Fax: 205063, E-mail: zubayenA@y.net.ye

ZTCO

NOKIA
Connecting People

ابو العربي
هاتف يفرك ويريحك

• راديو FM
• مصباح كهربائي
• ساعة مثبته
• آلة حاسبة
• ألعاب
• شاشة ملونة

إحذر
الجديد... المزيض

MAXIMUM
TELECOM

77 11 33 55
التمل على هذا الرقم
تعرفه سعري هاتف نوكيا

NOKIA
2255
CDMA
يمن موبايل